



## Article

# Identification and Transferability of Tetracycline Resistance in *Streptococcus thermophilus* during Milk Fermentation, Storage, and Gastrointestinal Transit

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**Abstract:** The existence of antibiotic-resistant bacteria in food products, particularly those carrying acquired resistance genes, has increased concerns about the transmission of these genes from beneficial microbes to human pathogens. In this study, we evaluated the antibiotic resistance-susceptibility patterns of 16 antibiotics in eight *S. thermophilus* strains, whose genome sequence is available, using phenotypic and genomic approaches. The minimal inhibitory concentration values collected revealed intermediate resistance to aminoglycosides, whereas susceptibility was detected for different classes of  $\beta$ -lactams, quinolones, glycopeptide, macrolides, and sulfonamides in all strains. A high tetracycline resistance level has been detected in strain M17PTZA496, whose genome analysis indicated the presence of the *tet(S)* gene and the multidrug and toxic compound extrusion (MATE) family efflux pump. Moreover, an in-depth genomic analysis revealed genomic islands and an integrative and mobilizable element (IME) in the proximity of the gene *tet(S)*. However, despite the presence of a prophage, genomic islands, and IME, no horizontal gene transfer was detected to *Lactobacillus delbrueckii* subsp. *lactis* DSM 20355 and *Lactobacillus rhamnosus* GG during 24 h of skim milk fermentation, 2 weeks of refrigerated storage, and 4 h of simulated gastrointestinal transit.

**Keywords:** *Streptococcus thermophilus*; fermentation; genome sequence; antibiotic resistance; tetracycline



**Citation:** Tarrah, A.; Pakroo, S.; Corich, V.; Giacomini, A. Identification and Transferability of Tetracycline Resistance in *Streptococcus thermophilus* during Milk Fermentation, Storage, and Gastrointestinal Transit. *Fermentation* **2021**, *7*, 65. <https://doi.org/10.3390/fermentation7020065>

Academic Editor: Hiroshi Kitagaki

Received: 1 April 2021

Accepted: 24 April 2021

Published: 28 April 2021

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## 1. Introduction

Antibiotics are the most important therapeutic option for treating bacterial diseases in humans and animals [1,2]. However, the overutilization of these therapeutic agents has led to the development of bacterial antibiotic resistance, which is rapidly increasing, and, thus, creating a serious global problem [3]. The presence of resistant bacteria in foods, especially, in fermented products, has increased concerns about the possible diffusion of resistance genes from beneficial bacteria to pathogens [4]. For this reason, several studies have been undertaken to assess antibiotic susceptibility-resistance profiles of food-related bacteria [3,5,6]. Generally, acquired antibiotic resistance genes are located in mobile genetic elements such as plasmids, transposons, and phages that confer on them great transferability. Recent advancements in genome sequencing technologies have made the detection of resistance genes easier and more reliable. By performing a comprehensive in silico analysis, all known mobile elements existing inside a bacterial genome can be detected [7,8]. Bacteriophages are quite widespread and abundant in many environments. They can contribute to gene transfer among the bacteria by specialized, generalized, and lateral transductions [9]. Integrative and conjugative elements (ICEs) play a vital role in bacterial horizontal gene transfer due to their self-transmissibility and fully functioning conjugation machinery among bacterial cells [10]. Moreover, IMEs also contribute to horizontal gene transfer between bacteria. They are usually genomic islands within bacterial genomes that may carry antibiotic resistance genes and encode their excision and integration in the

chromosome [10]. However, they cannot be transferred by themselves due to the lack of a conjugative apparatus. These elements could be transferred to other bacteria in the presence of conjugative elements such as ICEs. They can be picked up by ICEs and subsequently transferred to other bacterial cells [11,12]. In fermented foods, microbial interactions, such as conjugation or transduction can happen during manufacturing and storage [13]. On the other hand, low temperatures and gastrointestinal conditions can provide a stressful environment for the cell, which can favor the transfer of genetic elements [14,15]. For this reason, lactic acid bacteria, as the predominant microorganisms in dairy environments [16,17], are frequently linked to antibiotic resistance [18]. Within this group, *Streptococcus thermophilus* is the only species of the genus with GRAS (Generally recognized as safe) status, endowed with interesting technological and probiotic properties [19,20]. This species, as a fast acidifier, can break down lactose into lactic acid, thus lowering the pH, an essential feature in dairy technology [21,22]. For its technological properties, *S. thermophilus* is the second most important industrial bacterium after *Lactococcus lactis*, since it has been estimated that around  $10^{21}$  live cells are being consumed by people around the world annually [23]. Considering the tremendous usage and consumption of this interesting industrial species, we still have limited data regarding the resistance-susceptibility limit for several antibiotics. The current study aimed to determine the antibiotic resistance patterns of 16 antibiotics, among those mostly used on humans, in eight *S. thermophilus* strains isolated from a dairy environment, whose genomes have been sequenced, using phenotypic and genomic approaches. This study also examined the transferability of an antibiotic resistance gene found in one of the strains to other lactic acid bacteria during fermentation, two weeks of storage at refrigeration temperature, and during a simulated gastrointestinal transit.

## 2. Materials and Methods

### 2.1. Bacterial Strains and Growth Conditions

*S. thermophilus* strains used in the present study are listed in Table 1. All strains were isolated from dairy environments in Italy and are part of the Department of Agronomy Food Natural Resources Animals and Environment collection. The type strain *S. thermophilus* ATCC19258<sup>T</sup> was included as a reference. Strains were kept at  $-80\text{ }^{\circ}\text{C}$  in 10% Skim Milk broth (Oxoid, UK) containing glycerol (20% *v/v*) and grown M17 medium (Oxoid, UK) containing 0.5% lactose at  $37\text{ }^{\circ}\text{C}$  for 24 h before their use. *Lactobacillus delbrueckii* subsp. *lactis* DSM 20,355 and *Lactobacillus rhamnosus* GG were grown in an MRS medium (Oxoid) at  $37\text{ }^{\circ}\text{C}$  for 24 h.

**Table 1.** *Streptococcus thermophilus* strains used in the present study.

Strains	Geographical Region	Isolation Matrix	Genome Size (Mbp)	Reference
<i>S. thermophilus</i> ATCC19258 <sup>T</sup>	USA	Cow milk	-	[24]
<i>S. thermophilus</i> 1F8CT	Veneto, Italy	Mozzarella curd (cow)	1.74	[25]
<i>S. thermophilus</i> MTH17CL396	Valle d'Aosta, Italy	Fontina cheese (cow)	1.82	[26]
<i>S. thermophilus</i> M17PTZA496	Valle d'Aosta, Italy	Fontina cheese (cow)	2.13	[26]
<i>S. thermophilus</i> TH982	Campania, Italy	Mozzarella curd (buffalo)	1.79	[25]
<i>S. thermophilus</i> TH985	Campania, Italy	Mozzarella whey (buffalo)	1.83	[25]
<i>S. thermophilus</i> TH1435	Friuli Venezia Giulia, Italy	Goat milk	1.79	[27]
<i>S. thermophilus</i> TH1436	Friuli Venezia Giulia, Italy	Goat milk	1.79	[27]
<i>S. thermophilus</i> TH1477	Veneto, Italy	Cow milk	1.90	[25]

### 2.2. Minimum Inhibitory Concentration (MIC) Determination

The MIC for sixteen antibiotics (ampicillin, chloramphenicol, ciprofloxacin, oxacillin, erythromycin, gentamycin, kanamycin, penicillin G, streptomycin, tetracycline, trimethoprim, vancomycin, neomycin, rifampicin, spectinomycin, and carbenicillin) was determined by the broth microdilution method using 96-well microtiter plates (Sigma SIAL0596, St. Louis, MO, USA) according to the Clinical and Laboratory Standards Institute (CLSI;

[www.clsi.org](http://www.clsi.org), accessed on 1 April 2021). Tests were performed in ISO-Sensitest broth (Sigma-Aldrich) containing 10% M17. All antibiotics were dissolved in the abovementioned medium and distributed as 2-fold serial dilutions in the microtiter plate wells, from 256 to 0.5 µg/mL. Each *S. thermophilus* strain was grown on M17 plates overnight, and some colonies were collected and dissolved in sterile phosphate-buffered saline (1.44 g/L Na<sub>2</sub>HPO<sub>4</sub>, 0.24 g/L KH<sub>2</sub>PO<sub>4</sub>, 8 g/L NaCl, 0.2 g/L KCl, pH 7.4) to obtain a turbidity corresponding to McFarland standard 1 (ca.  $3 \times 10^8$  CFU/mL). This solution was further diluted 1:1000 in M17 plus ISO-Sensitest broth to a final concentration of about  $3 \times 10^5$  CFU/mL. Later, 100 µL aliquots were used to inoculate the wells of a microtiter plate and incubated at 37 °C for 24 h. The test was performed with 2 individual biological replicates, and the MIC was determined as the antibiotic concentration of the first well with no visible growth [28].

### 2.3. Identification of Antibiotic Resistance Genes

Genomes of all *S. thermophilus* were retrieved from Genbank (NCBI) (Table 1), and the genomes were annotated by Rapid Annotation using Subsystems Technology (RAST) to identify antibiotics resistance genes. Subsequently, the entire protein content from the predicted genome of each strain was analyzed on the Comprehensive Antibiotic Resistance Database (CARD) server [29] using the resistance gene identifier (UGI) platform (setting on perfect, strict, and loose hits based on low/high-quality coverage) to detect the resistomes within the different genomes.

The detected resistance genes obtained by CARD were used for the confirmatory analysis using ResFinder server version 3.2 [30] to remove errors and false-positive outputs.

### 2.4. Identification of Genomic Islands and Mobile Elements

The IslandViewer 4 server was used to predict and detect entire genomic islands in the genomes of the strains, indicating acquired resistance genes [31]. Different methods were used, namely, IslandPick, IslandPath-DIMOB, and SIGI-HMM. Detection of the CRISPR-Cas sequence (clustered regularly interspaced short palindromic repeats) was completed using the CRISPRCasFinder server [32]. OriTfinder and PlasmidFinder 2.1 servers were used to obtain information on the origin of gene transfer in bacterial genomes [33,34], and the ICEberg2 server was used for the identification of integrative and conjugative elements inside bacterial genomes [10].

### 2.5. Transferability of Resistance Genes during Strain Fermentation and Storage

The transferability of the tetracycline resistance gene *tet(S)* from *S. thermophilus* M17PTZA496 to *Lactobacillus rhamnosus* GG and to *L. delbrueckii* DSM 20,355 during the milk fermentation and during storage after fermentation, were assessed separately as previously described by Garcia et al. [4] with slight modifications. Donor and recipient strains were separately grown overnight in 10% Skim Milk broth for 24 h at 37 °C. These cultures were used to perform mating trials between M17PTZA496-GG and M17PTZA496-DSM 20355. Each donor and recipient were co-cultured at a concentration of 2% in 50 mL 10% Skim Milk broth and incubated at 42 °C overnight. After incubation, tubes were stored at 4 °C for 2 weeks. Later, aliquots of fermented samples were plated on M17 and MRS (Oxoid, UK) agar containing 20 µg/mL tetracycline to detect transconjugants. The experiment was performed with 3 technical and two biological replicates.

### 2.6. Transferability of Resistance Genes during Gastrointestinal Transit

The transferability of *tet(S)* from the donor M17PTZA496 to recipients *L. rhamnosus* GG and *L. delbrueckii* DSM 20,355 during simulated human gastrointestinal transit was evaluated separately. The simulated gastrointestinal conditions were prepared as previously described by Tarrah et al. [28]. Briefly, the gastric juice and the intestinal juice were prepared separately. A total of 1 mL of an overnight culture of donor and recipients were transferred to 8 mL gastric juice and incubated at 37 °C for 1 h. After incubation, 10 mL of the intestinal juice was added to the mixture, and the tubes were incubated for a further

3 h at 37 °C. Finally, each tube was transferred in MRS broth, incubated at 37 °C for 24 h, and plated on an MRS agar containing 20 µg/mL of tetracycline to detect transconjugants. The experiment was performed with 3 technical and two biological replicates.

### 3. Results

#### 3.1. Minimal Inhibitory Concentrations for *S. thermophilus* Strains

MIC values for 16 antibiotics widely used in human and veterinary therapy were determined for eight *S. thermophilus* strains along with the strain type as reference (Table 2). By considering, where present, the cut-off values established by the EFSA [35], all strains tested demonstrated susceptibility to ampicillin, chloramphenicol, erythromycin, gentamycin, kanamycin, vancomycin, and streptomycin. Strain M17PTZA496 showed a very high resistance level to tetracycline (128 µg/mL), compared to all others that tested susceptible (<0.25 µg/mL). Although a cut-off for the remaining antibiotics has not been established by the EFSA for *S. thermophilus*, the recorded MIC values of trimethoprim, neomycin, spectinomycin, and kanamycin were relatively constant throughout all strains, which can be considered a good indicator of intrinsic, rather than acquired, resistance. The MIC values for oxacillin varied from 0.5 to 8 (µg/mL), indicating considerable variability across strains. Strain TH982 scored the lowest MIC values among all strains toward aminoglycosides, namely gentamycin, chloramphenicol, kanamycin, spectinomycin, and streptomycin.

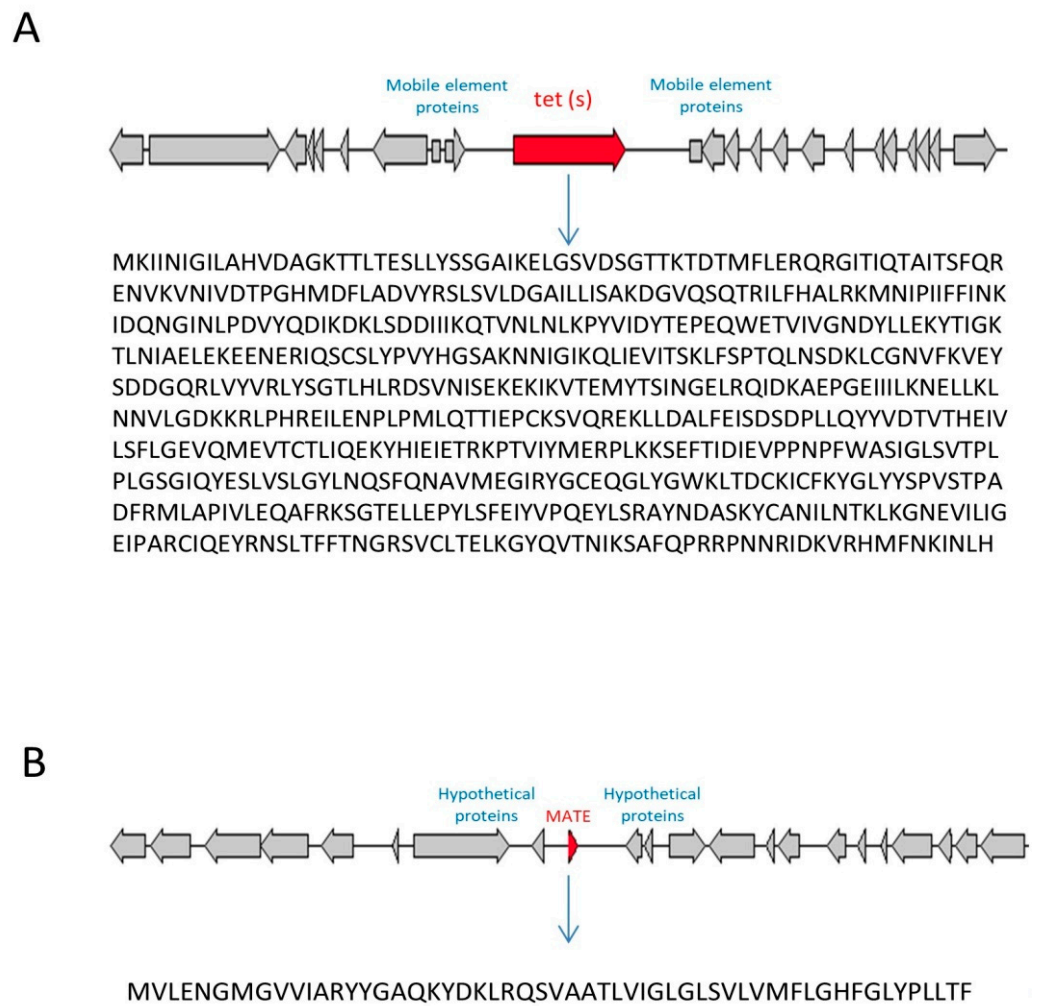
#### 3.2. Antibiotic Resistance Genes Investigation

As expected, the analysis by the Comprehensive Antibiotic Resistance Database (CARD) server based on the predicted protein content from the entire genome of each strain revealed the presence of the gene *tet(S)* only in the tetracycline-resistant strain M17PTZA496. The gene was located on the chromosome from position 1,659,979 to 1,661,904 bp, with a size of 1925 bp (Figure 1A). The blastp analysis of this gene against the NCBI database revealed 100% similarity with tetracycline resistance ribosomal protection protein *tet(S)*, isolated from multiple species (accession number: WP\_000691722). Interestingly, in M17PTZA496 the *tet(S)* gene is flanked on both sides by some mobile element proteins, which enforces the possibility of an integrated plasmid/transposon presence nearby the *tet(S)* gene (Figure 1A). The ResFinder server analysis also confirmed the *tet(S)* presence only in M17PTZA496, while both servers established the absence of acquired resistance genes in the other strains.

In addition to the presence of Tet(S) protein, the annotation analysis by RAST detected in M17PTZA496 the presence of a MATE (multidrug and toxic compound extrusion) protein, a family of MDR (multi-drug resistance efflux pump), located from position 975,639 to 975,472 with a size of 168 bp (Figure 1B).

**Table 2.** Minimum Inhibitory Concentration ( $\mu\text{g}/\text{mL}$ ) for 16 antibiotics against *S. thermophilus* strains.

Antibiotics	EFSA Breakpoint	<i>S. thermophilus</i> Strains								
		ATCC19258 <sup>T</sup>	1F8CT	MTH17CL396	M17PTZA496	TH982	TH985	TH1435	TH1436	TH1477
Ampicillin	2	2	2	2	2	2	2	2	2	2
Chloramphenicol	4	4	4	4	4	2	4	4	4	4
Ciprofloxacin	–	2	2	2	2	2	2	2	2	2
Oxacillin	–	4	1	0.5	0.5	1	1	8	1	1
Erythromycin	2	<0.125	<0.125	<0.125	<0.125	<0.125	<0.125	<0.125	<0.125	<0.125
Gentamycin	32	16	16	16	16	8	16	16	16	16
Kanamycin	64	64	64	64	32	32	64	64	64	64
Penicillin G	–	0.25	0.25	0.25	0.25	0.25	0.25	0.25	0.25	0.25
Streptomycin	64	32	64	64	32	16	64	32	32	32
Tetracycline	4	0.125	0.25	0.25	128	0.25	0.25	0.25	0.125	0.125
Trimethoprim	–	>128	>128	>128	>128	>128	>128	>128	>128	>128
Vancomycin	4	1	1	1	1	1	1	1	1	1
Neomycin	–	64	32	64	64	32	32	64	64	64
Rifampicin	–	0.25	1	0.5	0.5	0.5	1	0.5	0.5	0.5
Spectinomycin	–	64	128	128	128	32	128	64	64	128
Carbenicillin	–	4	8	4	4	4	8	8	4	8



**Figure 1.** Genetic location of *tet(S)* (A) and conserved motif of MATE (multidrug and toxic compound extrusion) (B) genes analyzed on CARD and RAST servers, the respective amino acid sequences in *S. thermophilus* M17PTZA496.

### 3.3. Identification of Genomic Islands (GI) and Mobile Elements

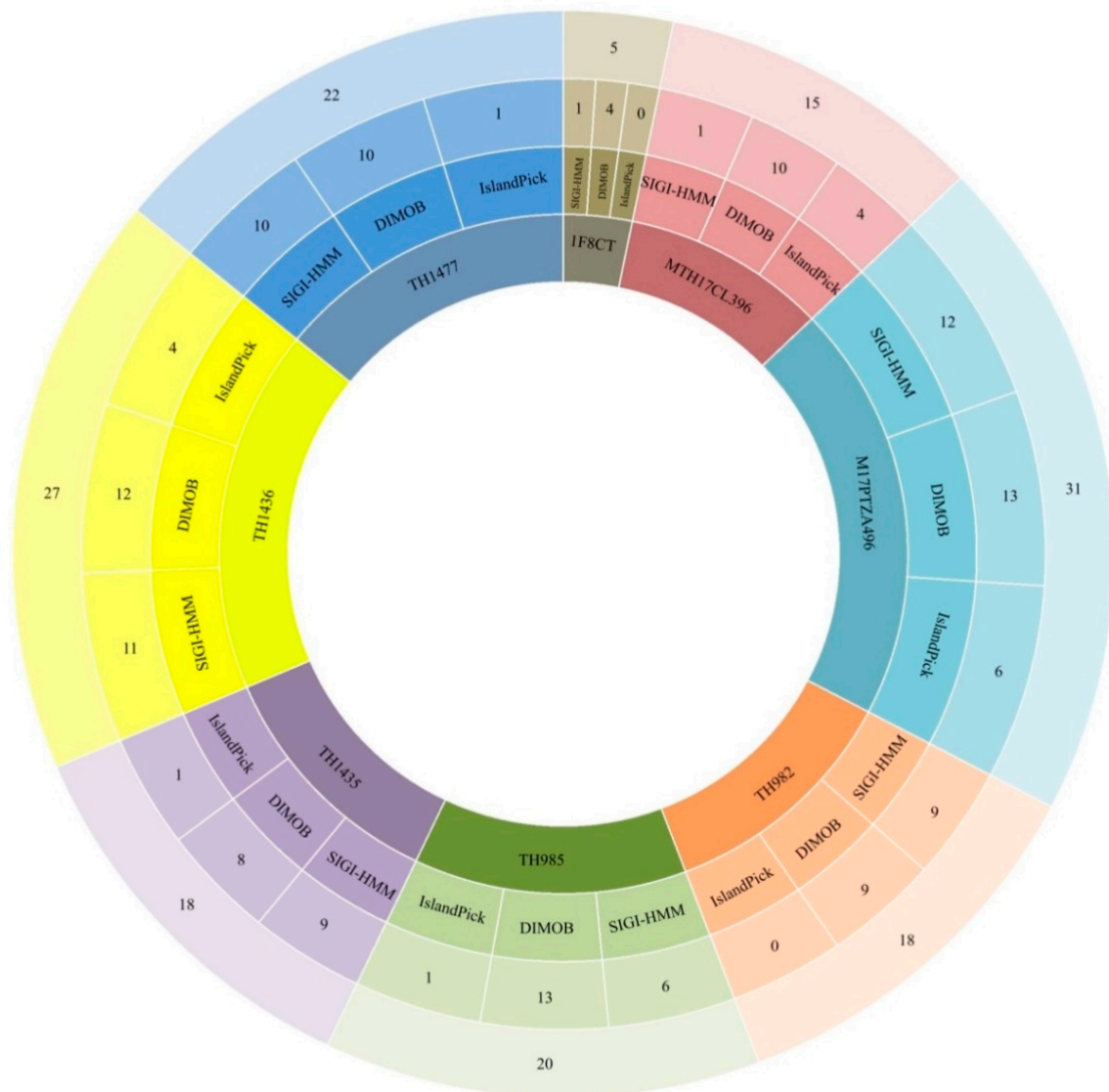
Among all the *S. thermophilus* genomes studied, the tetracycline-resistant strain M17PTZA496 displayed the largest number (31) of GIs with an overall size of 317.6 Kb, corresponding approximately to 16% of its genome size, including all clusters predicted by IslandPick, IslandPath-DIMOB, and SIGI-HMM and an intact prophage region (Figure 2).

Moreover, this strain has the largest genome size among all other strains, which is a good indicator of large horizontal gene transfer (HGT) [36]. On the other hand, strain 1F8CT revealed only five GIs, the lowest number among the strains tested (Figure 2). Among all the GIs detected in M17PTZA496, one is located close to the *tet(S)* gene, from 1,644,596 to 1,651,123 with an approximate size of 6.5 Kb. This GI carries genes associated with plasmids, beta-lactamase class C-like, and penicillin-binding proteins (PBPs) superfamily. Interestingly, analysis by CRISPRCasFinder revealed that the tetracycline-resistant strain M17PTZA496 is the only one that is missing the CRISPR-CasIIIa, which can explain the number of mobile elements detected in this strain [37]. All strains, including M17PTZA496, also possess the CRISPR-CasIIc inside their genomes.

Besides, an investigation by the ICEberg2 server for the detection of integrative and conjugative elements within the genome of strain M17PTZA496 revealed an integrative and mobilizable element (IME) located from 1,768,635 to 1,776,232 with an approximate size of 7.5 Kb, including seven putative open reading frames (Figure 3). However, the



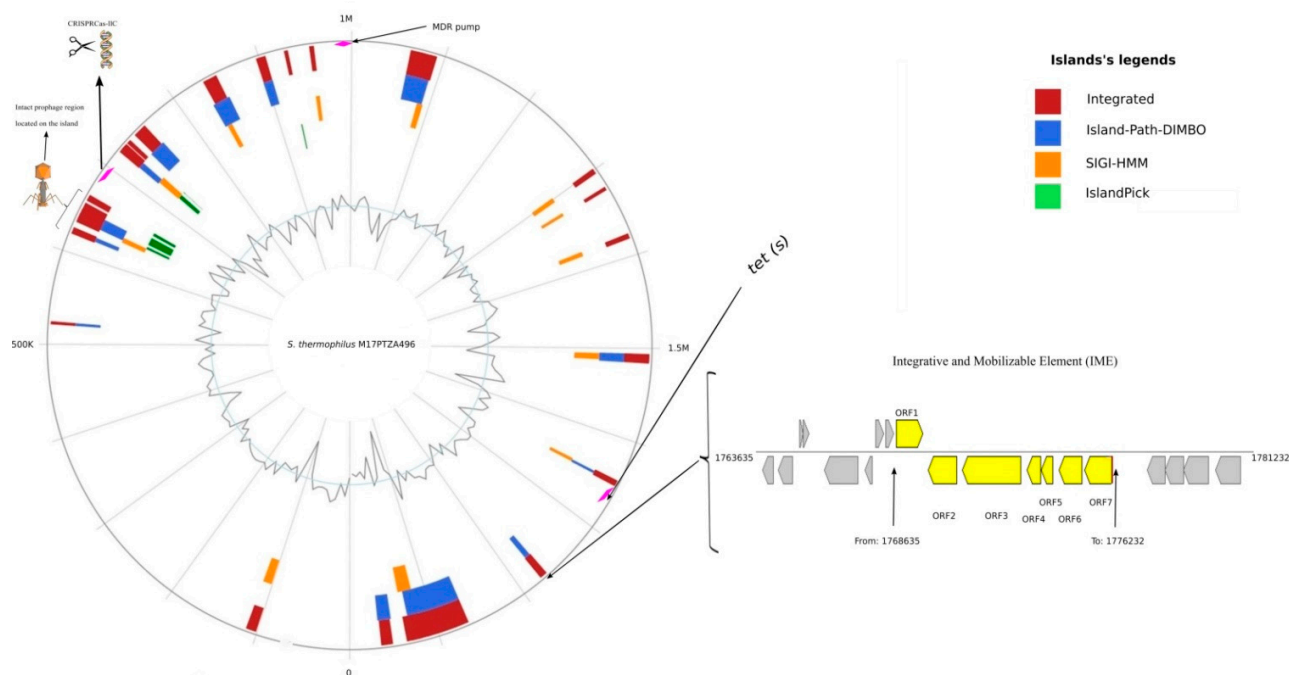
investigation of the OriTfinder and PlasmidFinder servers did not show any gene transfer origin or actual plasmid integrated with the strain M17PTZA496 genome.



**Figure 2.** Distribution of genomic islands predicted by IslandPick, IslandPath-DIMOB, and SIGI-HMM on IslandViewer 4 server in the studied *S. thermophilus* strains.

### 3.4. Horizontal Transfer of the *Tet(S)* Gene

The transferability of *tet(S)* from *S. thermophilus* M17PTZA496 to *L. rhamnosus* GG and to *L. delbrueckii* DSM 20,355 was studied during growth in skimmed milk, during storage at low temperature and during incubation under simulated gastrointestinal conditions. No transconjugant *Lactobacillus* colonies were detected on MRS agar plates containing 20 µg/mL tetracycline, neither after storage for 2 weeks at 4 °C nor after 4 h of incubation (1 h gastric juice + 3 h intestinal juice) and the transfer in MSR broth for 24 h at 37 °C. This indicates that, under the conditions tested, no transmission of the *tet(S)* gene took place between *S. thermophilus* M17PTZA496 and *L. rhamnosus* GG or *L. delbrueckii* DSM 20355.



**Figure 3.** Circular visualization and translocation of predicted genomic islands (using IslandViewer 4 server), GC content (using IslandViewer 4 server), resistance genes (using CARD and RAST servers), prophage (using PHASTER server), CRISPR-CasII (using CRISPRCasFinder server), and integrative and conjugative elements (Using ICEberg2 server) related to tetracycline-resistant *S. thermophilus* M17PTZA496.

#### 4. Discussion

Resistance to antibiotics in bacteria is an issue of primary importance as it has been estimated that it will be a primary source of death by 2050. For this reason, it is of great importance to evaluate this property in microbes that can come in contact with the human body, particularly those that can be introduced with foods. In the present work, we studied the resistance/susceptibility patterns of 16 antibiotics, among those most widely used for human and veterinary therapy, in eight *S. thermophilus* strains, plus the species type strain, by both phenotypic and genomic approaches. *S. thermophilus* is the second most important technological bacterial species in terms of sales volume, used for a huge variety of dairy productions worldwide. For this reason, it appears very important to gain information on the possible presence of transmissible antibiotic resistances inside this species.

The evaluation of the MIC values obtained in this study evidence intermediate resistance to aminoglycosides (kanamycin, streptomycin, spectinomycin, neomycin, and gentamycin) for all strains. Resistance to this class of drugs is known to be generally intrinsic in *S. thermophilus* strains and, therefore, not transmissible [38,39].

Conversely, all tested strains showed susceptibility to  $\beta$ -lactams, quinolones, glycopeptides, macrolides, and sulfonamides. Values for chloramphenicol resistance were always below the breakpoint and were low for Rifampicin, although a breakpoint for *S. thermophilus* is lacking. Strain TH1435 evidenced a MIC value for oxacillin considerably higher than that of the other strains tested; however, no resistance genes for  $\beta$ -lactam drug resistance were found in its genome, so this resistance should be linked to a non-specific cellular modification. Again, the absence of a breakpoint value for this drug makes a reliable attribution of resistance difficult. Strain M17PTZA496 was the only one that demonstrated a very high resistance level to tetracycline. This strain possesses the *tet(S)* gene and genes for proteins belonging to the MATE family. Several genes that code for ribosomal protection proteins have been found for tetracycline resistance in *S. thermophilus* strains, including genes *tet(S)*, *tet(M)*, *tet(L)*, and *tet(A)* [40–42]. The *tet(S)* gene has been found in some Gram-positive bacteria such as *Listeria monocytogenes*, *Enterococcus faecalis*,



and *Lactococcus lactis* [43]. This gene encodes a tetracycline resistance protein Tet(S), which abolishes the inhibitory effect of tetracycline on protein synthesis by a non-covalent modification of the ribosomes [44]. Moreover, the bacterial MATE is a family of proteins that function as antiporters and can confer resistance to different drugs, including antibiotics and other DNA-damaging agents, by constantly pumping the toxic agents out of the cytoplasm [45,46]. A comparison of the tetracycline MIC values between M17PTZA496 and other tetracycline-resistant *S. thermophilus* strains in the literature showed a higher resistance level in M17PTZA496, that can be associated with the simultaneous presence of the protein Tet(S) and the MATE family [42,47,48].

Data on antibiotic resistance among streptococci indicate a high tetracycline resistance rate among pathogenic *Streptococcus*, such as *S. agalactiae* and *S. pyogenes*, that can be linked to the level of antibiotic usage in humans and horizontal gene transfer from other bacteria [4,49]. However, the presence of acquired tetracycline resistance genes among *S. thermophilus* strains is rare [50] and few studies have reported tetracycline-resistant strains among *S. thermophilus* in food (mainly dairy) environments [47,51]. Two studies reported the presence of the resistance gene *tet(S)* in a few *S. thermophilus* strains; however, there was no report of horizontal gene transfer from *S. thermophilus* to other bacteria [47,51]. Interestingly, the Tet(S) amino acid sequence of M17PTZA496 reported in this study indicates 100% similarity with the other two *S. thermophilus* reported as Tet(S) carriers [4].

In previous studies, we evaluated some properties and safety aspects of *S. thermophilus* M17PTZA496 [51]. This strain revealed interesting probiotic properties in vitro, cytotoxic activity against HT-29 cancer cells line, and a considerable folate production level [52]. As a safety aspect, the potential release of the prophage present in the genome of M17PTZA496 was evaluated using different phage-inducing agents, such as drugs, H<sub>2</sub>O<sub>2</sub>, and NaCl; however, the study revealed that the phage was non-inducible under any of the conditions tested [51].

For a potential probiotic strain, the possibility of antibiotic resistance gene(s) transmission is a serious issue. In some strains, resistance traits are on genomic islands inside the genome that encode their excision and integration into the chromosome [10]. However, they cannot be transferred by themselves to other bacteria, due to the lack of a conjugative apparatus, but only mobilized in the presence of conjugative elements such as ICEs that can pick them up and transfer them to other bacterial cells [11,12].

## 5. Conclusions

The importance of transmissible antibiotic resistance genes in food-related bacteria is related to their possible transmission to pathogens during food manufacturing and storage or in the course of the human gastrointestinal transit. In this study, despite the presence of an acquired tetracycline resistance gene *tet(S)* in *S. thermophilus* M17PTZA496, no transfer of *tet(S)* was detected under the conditions tested, which can be ascribed to the chromosomal location of the gene rather than the mobile elements. Moreover, the presence of a genomic island and IME in the proximity of *tet(S)* should not raise any concerns of possible horizontal transfer due to the lack of a conjugal apparatus and the origin of transfer in M17PTZA496, which are essential for mating between bacterial cells.

**Author Contributions:** Conceptualization A.T. and A.G.; investigation, A.T. and S.P., data curation A.T. and S.P.; writing—original draft preparation, A.T.; writing—review and editing, A.T., A.G. and V.C.; supervision, A.G.; funding acquisition, A.G. and V.C. All authors have read and agreed to the published version of the manuscript.

**Funding:** This work has been funded in part by the Ministero dell'Università e della Ricerca Scientifica (MIUR).

**Institutional Review Board Statement:** Not applicable.

**Informed Consent Statement:** Not applicable.

**Data Availability Statement:** Not applicable.

**Conflicts of Interest:** The authors declare no conflict of interest.

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