This document is the accepted manuscript version of the following article: Bordignon, S., Quaggiotto, D., Vivian, J., Emmi, G., De Carli, M., & Zarrella, A. (2022). A solar-assisted low-temperature district heating and cooling network coupled with a ground-source heat pump. Energy Conversion and Management, 267, 115838 (11 pp.). https://doi.org/10.1016/j.enconman.2022.115838

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A solar-assisted low-temperature district heating and cooling network coupled with a ground-source heat pump

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11 Abstract

Towards the development of highly integrated and energy efficient heating and cooling systems, with 12 an energy community perspective, the present paper proposes a novel technical solution for the 13 14 provision of air-conditioning, domestic hot water and electricity to a small residential district in heating-dominant regions. Three reference climates have been considered: Helsinki, Berlin and 15 Strasbourg. Detailed dynamic models have been created using TRNSYS and NeMo, and long term 16 17 operations of the energy system, including a new-generation ultra-low temperature district heating and cooling network have been performed. The core of the energy system is the network supplied by 18 a high-efficiency ground source heat pump and used as the source and sink by booster heat pumps 19 installed in the substations. Rooftop photovoltaic thermal panels partially meet the electrical demand 20 21 of the district, as well as the thermal load for domestic hot water production. Moreover, the panels are cooled by the network, obtaining a reduction in the thermal unbalance to the ground and enhancing 22 their electrical efficiency. This solution allows obtaining high coefficient of performance for the heat 23 pumps in the substations and supply stations, reaching values of 5.4 and 4.0, respectively, for heating 24 provision in the coldest locality. The proposed multi-energy district reaches an electrical self-25 consumption of 71% in the coldest locality and efficiently combines different renewable energy 26 27 sources at district level in cold climates.

28 Keywords

Multi-source energy systems, photovoltaic thermal panels, ground-source heat pump, lowtemperature district heating network, renewable energy sources, energy district.

Nomenclature

Subscripts

$a_1 [W/(m^2 K)]$	Heat loss coefficient	a	Ambient
$a_2 [W/(m^2 K^2)]$	Heat loss coefficient	dem	Demanded
b _{PV} [1/K]	Electrical loss coefficient	el	Electrical
COP	Coefficient of Performance	HP	Heat pump
[kW/kW]		i	i-th node
$c_p [J/(kg K)]$	Specific heat capacity	i	j-th node
EE [kWh]	Electrical Energy	g	Undisturbed ground
EER [kW/kW]	Energy Efficiency Ratio	max	Maximum
G [kg/s]	Mass Flow Rate	mean	Mean
$I[W/m^2]$	Solar Irradiance	min	Minimum
L[m]	Length	out	Exiting the component
η_0 [-]	Optical Efficiency	PV	Photovoltaic
$\eta_{el}[-]$	Electrical Efficiency	PVT	Photovoltaic Thermal
$\eta_{ref-PV}[-]$	Reference efficiency of PV	ref	Reference
$\eta_{el, sys}[-]$	Electrical efficiency of the	sys	System
	system	tot	Total
$\Omega[m]$	Pipe section perimeter		
		Abbreviations	
PEF [kWh]	Primary Energy Factor	4GDH	4 th Generation District
			Heating
PER [kWh]	Primary Energy Reduction	BHE	Borehole Heat Exchangers
ρ [kg/m ³]	Density of the heat carrier	COST	Costant
	fluid	CTR	Control
		CR	Coverage Ratio
SCOP	Seasonal Coefficient of	DH	District Heating
[kWh/kWh]	Performance	DHW	Domestic Hot Water
SEER	Seasonal Energy Efficiency	DHC	District Heating and Cooling
[kWh/kWh]	Ratio	DHN	District Heating Network
T [°C]	Temperature	GSHP	Ground Source Heat Pump
TE [MWh]	Thermal Energy	HP	Heat Pump
		LTDH	Low Temperature District
$U [W/(m^2 K)]$	Heat Transmittance		Heating
	Coefficient	MSES	Multi-Source Energy System
V [m ³]	Volume	ODE	Ordinary Differential
Wel,dem [kWh]	Electrical energy demand	PV	Equation
			Photovoltaic
Wel,PVT [kWh]	Self-generated solar power	PVT	Photovoltaic Thermal panel
Wel, PVT, tot	Electrical energy produced	SCOP	Seasonal Coefficient of
[kWh]	by the PVT field		Performance
		SEER	Seasonal Energy Efficiency
			Ratio
		SS	Supply Station
		SUR	Self-Use Ratio
		TRY	Test Reference Year
		ULTDH	Ultra-Low-Temperature
			District Heating
		VAR	Variable

33 **1. Introduction**

Lowering the energy use and decarbonizing the energy supply in the built environment are important 34 environmental challenges of the upcoming decades. The electrification process, end-use energy 35 efficiency and high share of renewable energy sources coupled to smart technologies offer 36 opportunities to improve the energy efficiency in buildings and cities at small and large scale. In 37 38 Section 1.1, the integration of multi-source energy systems in a single building is considered, starting 39 from the small scale. In particular, the research works on combining photovoltaic thermal (PVT) with 40 heat pumps for space are reported. In Section 1.2, the studies focused on the interconnection of 41 renewable energy systems at the district level through low-temperature district heating (LTDH) networks are considered, moving to the large scale. Finally, in Section 1.3, the research work's 42 43 novelty is presented.

44

45 1.1 Integration of multi-source energy systems in buildings

46 In this context, at the building level, multi-source energy systems (MSES) are rising interest as they can increase the exploitation of renewable energy sources, reduce the environmental impact related 47 to the use of fossil fuels, and enhance the efficiency of heating and cooling systems. Emmi et al. [1] 48 49 investigated a solar assisted ground source heat pump system in six cold locations. The results showed that when solar thermal collectors are not used, the seasonal energy performance of the heat pump 50 decreased by about 10% over a ten year period. Instead, when solar energy was used, the seasonal 51 energy performance was constant and above 4.5 over time. Significant research efforts focus on 52 combining PVT panels with heat pumps for space heating and cooling application. A previous study 53 54 [2] analyzed the energy performance of different MSES combinations coupled with PVT collectors and a heat pump. The investigated MSESs increased the energy efficiency by up to 25% over a 55 conventional air-to-water heat pump system. Sommerfeld and Madani [3] studied a solar-assisted 56 ground source heat pump system to describe its technical and economic potential for Swedish multi-57 family houses. The results showed that the PVT can reduce borehole length by 18% or spacing by 58 59 50% while maintaining an equivalent seasonal performance factor to systems without PVT. Bellos et al. [4] performed a techno-economic assessment of a PVT assisted heat pump for space heating in the 60 61 building sector. The final result was that this system is more economically convenient than a PV 62 coupled with an air source heat pump when the electricity price is higher than 0.23 €/kWh. A 63 simulation model of a PVT assisted heat pump system for space heating or cooling and domestic hot water of a residential building was developed by Calise et al. [5]. An optimization aimed at 64

minimizing the pay-back period of the energy system was performed, resulting in a simple pay-back period of 5.26 years. The latter decreased to 2.33 years, considering a capital investment incentive of 30%. However, a decrease in the system's performance was detected for weather conditions in which the availability of solar energy is scarce. Dannemand et al. [6] conducted an experimental analysis on a solar PVT assisted-heat pump system with a cold buffer storage tank and a domestic hot water storage tank; focusing on the interplay between the different components, the analysis indicated that the two-tank heat pump system was helped by the PVT collector.

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73 **1.2 Renewable energy systems at district level**

74 The possibility of interconnecting these solutions fosters the development of sustainable energy districts. This is possible thanks to district heating and cooling (DHC) networks, essential urban 75 76 infrastructures to enable the flexible integration of renewable energy and distributed generation systems. A prerequisite to their deployment is the reduction in the supply temperature of district 77 78 heating networks (DHN) [7]. Lund et al. [8] developed the concept of low-temperature district heating, or 4th generation district heating (4GDH). The basic idea behind this concept is the reduction 79 80 of both the distribution temperatures and pipe diameters to abate distribution heat losses and to allow the utilization of heat from distributed heating units such as prosumers. However, due to the relatively 81 82 high temperatures, these systems are not well suited to allow a decentralized heat supply and the 83 integration of lower temperature heat sources. In the last decade, around 40 DHC systems of the socalled 5th generation (5GDHC), or ultra-low-temperature district heating and cooling (ULTDHC) 84 network were put in operation [9]. These networks operate at temperatures so close to the ground that 85 they are not suitable for direct heating purposes. The low temperature of the carrier medium allows 86 exploiting directly industrial and urban excess heat and the use of renewable heat sources at low 87 88 thermal exergy content. The possibility to reverse the operation of the customer substations permits to cover simultaneously and with the same pipelines both the heating and cooling demands of 89 90 different buildings.

91 ULTDHC technology enhances sector coupling of thermal, electrical and gas grids through hybrid 92 substations in a decentralized smart energy system. In addition, Writz et al. demonstrated that ULTHC 93 leads to substantially less total annualized costs (-42%), causes less carbon dioxide (CO2) emissions (-56%) and has a larger exergy efficiency compared to heating, ventilation and air conditioning 94 95 (HVAC) systems [10]. Extra investment to the booster heat pumps enables savings in the distribution 96 heat loss and utilization of low-grade energy sources. These heat pumps are installed in the customers' 97 substations, and they raise the temperature of heat carrier fluid in the DHN according to the energy 98 needs of the building served.

Examples of low temperature thermal grids coupled to borehole thermal energy storage with 99 decentralized solar supply have been reported in a few projects such as the well-known Solar Drake 100 Landing Community in Canada and the Suurstoffi district in Switzerland [11]. In Østergaard and 101 Andersen [12], the performance of ULTDH is significantly better, compared to LTDH, in terms of 102 both costs and primary energy demand for a theoretical case representing a typical small Danish DH 103 network. An innovative low-temperature heating and cooling network, the district "Suurstoffi", in 104 Central Switzerland, was monitored by Vetterli et al. [13]. This case study is characterized by a large 105 geothermal field, functioning as seasonal storage, with warm and cold ducts and PVT systems to 106 operate the heat pumps. Chen et al. [14] evaluated the sustainability of a district heating system 107 integrated with solar and geothermal sources, employing both vapour-compressor and absorption 108 cycles through a ground source heat pump (GSHP) and an absorption heat pump (AHP) subsystem. 109 A previous study conducted by Vivian et al. [15] investigated the advantages of ULTDH networks 110 111 with booster heat pumps at the customers' substations and their sensitivity to the main design parameters for a heating-only case study. Also Ommen et al. [16] conducted a theoretical 112 113 investigation on the optimal use of booster HPs in ULTDH for new buildings. They found that the booster heat pumps can improve the system performance if a central heat pump (HP) is used for the 114 115 heat supply of the network. Behzadi and Arabkoohsar [17] modelled and studied a novel solar-based building energy system on different district heating integration scenarios (existing, LTDH and 116 ULTDH). In this case, the solar system, which uses PVT panels and has neither a battery nor a heat 117 pump, is better suited for integrating with ULTDH than the existing network, or LTDH. In Garcia et 118 al. [18], a hybrid system including PVT panels and a heat pump is proposed to provide domestic hot 119 water (DHW), heating and electricity to a house located in central Europe. They demonstrated that 120 the interaction of the proposed renewable-based system with the local DH system results in higher 121 energy efficiency and reduced CO₂ emissions. Rosato et al. [19] investigated a centralized hybrid 122 renewable district heating system based on the exploitation of solar energy and integrated with a 123 seasonal borehole thermal energy storage. The energy system showed a reduction in primary energy 124 consumption, equivalent carbon dioxide emissions, and operating costs of 11.3%, 11.7%, and 26.4% 125 compared to a conventional decentarlized heating system, which is characterized by gas boilers. 126 Pakere et al. [20] studied the optimal integration of PVT technology in district heating systems by 127 covering industrial power consumption and heat demand of buildings in the Northern European 128 climate. 129

131 **1.3 Research novelty**

The novelty of the present study consists of the new proposed energy system and the detailed analysis 132 of its performance in different climates based on detailed physical models. In the dynamic simulations 133 of the novel technical solution characterized by a ULTDH with booster HPs and PVT panels installed 134 at the users level, the GSHP at the supply station is bypassed during the cooling season. The heat is 135 directly released into the ground through the thermal storage that is connected to the borehole heat 136 exchangers (BHEs). Moreover, previous research about integrating thermal prosumers in district 137 heating networks is often carried out at a single building level, without considering the impact of 138 139 decentralized heat supply on district-level indicators, such as the average return temperature, the electrical self-consumption, and the overall PVT performance. An example is the study of Emmi et 140 141 al. [2], which demonstrated that a MSES equipped with PVT and a GSHP for the space heating and DHW production of a single-family dwelling located in North-East Italy determined an increase of 142 143 energy efficiency of 16-25% compared to an air to water heat pump system. Furthermore, in another study, the MSES with PVT panels or solar thermal collectors in two different configurations were 144 145 compared; as a result, a relevant improvement in the heat pump's efficiency using photovoltaic 146 thermal panels was proved [21]. On the other hand, no analysis was performed at the district level in 147 these studies, as carried out in this research work.

148

149 **2. Methods**

The study analyses a possible application of a ULTDH to an existing residential district. In a first step, this Section provides a qualitative description of the novel energy system and it is followed by a description of the simulation set up, including the simulation's steps, the boundary conditions and some consideration about the choice of the DHN supply temperature. Afterwards detailed explanations of the three main simulation's steps are reported, followed by the definition of some performance indicators of the considered energy plants, employed to evaluate the simulation results.

156

157 2.1 Description of the novel energy system

The energy system for the supply of heating, cooling, domestic hot water, and electrical energy is equipped with a rooftop PVT field and a reversible water to water heat pump installed in each residential district building. The solar field produces DHW and electricity for the apartments. Its electrical efficiency is enhanced as the DHN water is used to decrease the temperature of the PVT panels. Moreover, the DHN is employed as the source/sink for the heat pump. The DHN links the substations to the thermal storage in the Supply Station (SS), where GSHP releases heat during the heating season and that, through a direct connection to the BHE field, allows to reject the heat to the ground during the cooling season. Figure 1 presents a simplified scheme of the energy system and its energy fluxes: for each building, yellow and red arrows represent the heat rejected to the DHN by the PVT panels and the heat pumps in cooling operation, while light blue dashed arrows show the heat that is extracted by the DHN in heating operation; between the DHN and the SS schemes, the dashed blue line is the return water temperature to the DHN and the blue line is the supply water temperature to the GSHP storage tank. In the same Figure 1, the grey arrows show the sequence of the simulation steps.



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172

Figure 1. Scheme of the energy system and its energy fluxes.

173

174 2.2 Simulation set up

175 The analysis of the whole system, presented in Figure 1, involves an iterative simulation of the three 176 main parts: the substations, the thermal network and the supply station. Concerning the modelling's steps, first, as the investigated residential district comprises 7 buildings, 6 units each, the detailed models 177 of the 42 housing units, their plant systems, including the PVT fields and the heat pumps, are created. At 178 this level, some boundary conditions are set: the climate conditions of the three investigated localities 179 are used, and the temperature of the water circulating in the DHN, which has been determined with a 180 parametric study, is assumed to be constant, differing only for the heating and cooling seasons. 181 Afterwards, the temperatures of the water exiting the source side of the heat pumps and the PVT cooling 182 tank in the substation are given as inputs to the DHN model, where the network's thermal inertia and 183 thermal losses are considered. Consequently, the water mass flow rates and temperatures for each time 184 185 step of the annual simulation are obtained, consisting of the inputs to the third part of the model, the SS. 186 In this last section, the dynamic simulations of the GSHP, the thermal storage and the BHE are carried out, obtaining the values for the DHN inlet temperature. Finally, the temperature is kept at the desired 187 188 value using a tempering valve at the outlet of the thermal storage tank, which is a thermostatic valve that 189 maintains and limits the DHN water temperature by mixing the water from the GSHP storage tank with 190 the return stream from the DHN.

The proposed technical solution was simulated for three cold locations, with the main aim of 191 investigating the positive effects of the PVT panels integration to a ULTDHN in heating-dominant 192 climates, which can lead to a mitigation of the thermal drift effect. The thermal drift effect is caused by 193 unbalanced heat load to the ground in heating or cooling operations when using GSHP systems, and 194 consists of a decrease/increase in the thermal potential of the soil for heat extraction/rejection, with 195 consequent reduction of the energy performance of the installation. For the simulations, the Test 196 Reference Year (TRY) data from the EnergyPlus database is used: the analysis is, therefore, carried out 197 for Helsinki, Berlin and Strasbourg. For the substations and the DHN, the annual simulations are carried 198 199 out with a time step of 15 minutes to evaluate the system's dynamic behaviour. The simulations of the 200 SS are instead carried out considering 20 operating years, with a time step of 3 minutes, which allows 201 avoiding convergence problems. The long simulation time is chosen to monitor the possible effect of the 202 thermal drift on the temperature of the heat carrier fluid exiting the borehole heat exchanger field.

203 As for the supply temperature to the DHN, a parametric study was conducted to determine the most convenient temperature for the simulations. As mentioned, the water flowing in the DHN has a double 204 205 function: it is used as the heat source/sink for the heat pumps of the substations and the cooling of the PVT panels. Therefore, different simulations were carried out at both the substations and SS levels, in 206 207 order to identify the best couple of heating and cooling DHN set point water temperature. The main objective for the choice of the temperature levels was, indeed, to find a good compromise for enhancing 208 the efficiencies of the heat pumps both in the supply station and in the substations, in heating mode and 209 in cooling mode. In particular, the setpoint temperature was chosen as a consequence of the following 210 211 aspects:

- the closer the temperatures of the heat source and the heat sink, the higher the efficiency of the
 reversible heat pumps in the substations: a higher supply temperature leads to higher efficiency
 during heating operation (space heating and DHW production) and a worse performance during
 the cooling season;
- a lower DHN water setpoint temperature improves the performance of the GSHP in the SS,
 which is switched on only during the heating season;
- during the cooling season, a lower network temperature leads to lower efficiency when producing
 DHW but increases the electricity production due to better cooling of the PVT panels.

A preliminary parametric analysis based on the considerations above has allowed setting the temperature of the network to 20°C and 25°C during the heating and cooling season, respectively.

In addition, a different strategy for enhancing the efficiency of the centralized GSHP was investigated,

- involving a variation of the DHN water temperature during the heating period: during the coldest months,
 - 8

from November to March, the supply temperature was kept at a constant value of 8°C, while during intermediate seasons, the temperature was set to 20°C. The obtained results are presented in Section 3.4.

227 2.3 Detailed building model including substations

The building envelope model is coupled to the plant model of the substations in the Simulation Studio workspace of TRNSYS 18 [22]. Concerning the buildings, they are well insulated and Table 1 summarizes the main thermal properties of the envelope of the buildings. The total volume of each building is equal to 2166 m³, while the heated floor area is equal to 560 m².

232

Table 1. Thermal properties of the building envelope for the case study buildings.

	Thickness [cm]	U-value [W/(m ² K)]
External Wall	42	0.19
Adjacent Wall	12	2.35
On Garage Floor	53	0.28
Intermediate Floor	54	0.44
External Roof	14	0.55
Windows	-	0.82

233

Internal gains related to the people occupancy and the use of domestic appliances, infiltrations and 234 setpoint temperatures for heating and cooling are defined using the Standards ISO 18523-2:2018 [23] 235 and ISO 7730:2005 [24]. The DHW load profiles throughout the year are evaluated employing DHWcalc 236 [25], using default probability distributions and an average DHW consumption of 50 liters/person/day. 237 Figure 2 reports a simplified scheme of the energy plants: dislocated in each building, a high-efficiency 238 system is installed, consisting of a reversible water to water heat pump, a PVT field, a DHW tank for the 239 240 DHW production, the space-heating and cooling radiant system and a PVT tank for the cooling of the PVT panels. Both the heat pump source side and the PVT tank exchange heat with the DHN. A novel 241 242 TRNSYS Type, described in [26], is used to simulate the operating conditions of the heat pump based on polynomial curves describing the compressor's performance. The load-side of the booster heat 243 244 pump is connected to the DHW tank to produce domestic hot water at a setpoint temperature of 43°C. 245 The heat pump switches off when the temperature of the DHW tank reaches 45°C. This choice was 246 made to limit the hot water temperature to the user to a reasonable value. Furthermore, the booster heat pump is connected to the radiant system of the building, which is provided considering a supply 247 248 temperature of 33°C in heating and 18°C in cooling. The PVT field is installed on the south-facing roof slab for 5 of the 7 buildings, while its area is doubled and distributed on the east and west slabs 249 of the roof for the remaining two buildings. The solar field is employed for the production of DHW 250 and electricity. The model used for the PVT collectors refers to the research carried out by Zarrella 251 252 et al. [27], and it is implemented by the same research group as a Type of TRNSYS software. The

heat pump provides heat to the DHW tank when the thermal energy produced by the solar field is not sufficient to reach the setpoint. When there is no need for thermal energy production from the PVT field, as the temperature of the water inside the DHW tank is already at the setpoint, and the temperature of the PV surface is above 35° C (with a dead band of 1.5° C), the PVT field is cooled down, exchanging heat with the PVT tank, through a heat exchanger, which is linked to the DHN.



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Figure 2. Sketch of the energy plant at the substations.

For the heat pump, a size of 36 kW is chosen for the buildings in Helsinki, of 25 kW in Berlin and Strasbourg, based on the thermal loads computed for the analyzed case studies. The tanks have the same volume for the different case studies, equal to 800 liters for the DHW tank and 450 liters for the PVT tank. The PVT field has an overall PV area of 57.6 m² and a module area of 66.4 m² for the northoriented buildings, while it is doubled for the buildings whose slabs are east- and west-oriented with a slope of 45°. The thermal efficiency of the PVT panels is expressed in Equation (4) [28].

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269

$$\eta_{\rm th} = \eta_0 - a_1 (T_{\rm mean} - T_{\rm a})/I - a_2 (T_{\rm mean} - T_{\rm a})^2/I$$
(4)

270

280

where η_0 is the zero-loss efficiency (set to 0.7), a_1 and a_2 heat loss coefficients (set to 12 W/(m² K) 271 and 0 W/(m² K²), respectively), T_{mean} is the mean temperature of the heat transfer fluid, T_a is the 272 ambient temperature, and $I(W/m^2)$ the solar irradiance. The values of the coefficients used in the model 273 are derived from datasheets of commercial panels. The PVT electrical efficiency is a function of the 274 mean temperature of the PV layer, and the electrical power production is calculated using Equation (5) 275 [24]. The value of the coefficient η_{ref-PV} , which can usually be found in the datasheet of the PV or PVT 276 module, represents the efficiency of the PV module at the reference temperature $T_{ref-PV} = 25^{\circ}C$ 277 (standard test conditions). The coefficient b_{PV} is then used to consider the deviation from the reference 278 values and A is the area of the PV panels: this coefficient is set to 0.0045 K^{-1} . 279

$$P_{el} = I \cdot A \cdot \eta_{ref-PV} \cdot [1 - b_{PV}(T_{PV} - T_{ref-PV})]$$
(5)

281 **2.4 District heating network model**

A scheme of the ULTDH system under consideration, operating at constant supply temperature and variable flow rate, is shown in Figure 3. The network is about 450 m long. The blue dots are the connection nodes between the pipes of the DHN, while the orange dot represents the supply station in which the centralized GSHP is installed. Each of the seven buildings is provided with one heat pump and a PVT field on the roof: the red and light blue dots indicate the HPs when they respectively supply or withdraw heat from the network, while the yellow dots represent the PVT systems, which provide heat to the network when the photovoltaic panels are cooled.



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Figure 3. Scheme of the considered district heating and cooling network.

The network is mathematically represented by a set of nodes and oriented branches, and an adjacency matrix determines their mutual connections. Figure 4 shows the generic *i-th* node connected to an upstream (j-1) and downstream (j) branch.



295 296

Figure 4. Control volume of the i-th node.

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Once the geometry is established, the pressure and temperature profiles are calculated. In problems of forced convection, the velocity of the heat carrier fluid does not depend on the temperature distribution. Therefore, the hydraulic and thermal problems can be uncoupled. This allows performing the calculation of the mass flow rates and the pressures across the network; subsequently, given the mass flow rates, the energy balance is solved to determine the temperature distribution. The model assumes a plug flow (one-dimensional model) and neglects both the heat conduction in the axial direction and the heat capacity of the surrounding ground. The heat transfer in the radial direction considers the convection between the heat carrier fluid and the inner pipe surface, the pipe's thermal insulation, and the thermal resistance of the surrounding ground.

307 Due to the incompressible nature of the heat carrier fluid, the hydraulic problem can be described using
308 only two equations: the continuity and the momentum equations. NeMo solves these equations using the
309 SIMPLE method [29].

The heat propagation in the network is then described by the energy balance performed on the volume of heat carrier fluid around the nodes of the network. The control volume of the *i-th* node corresponds to half of the heat carrier fluid volume of all the branches connected to it. Applying the energy balance to the node shown in Figure 4 leads to Equation (6):

314
$$\rho V_i c_p \frac{\partial T_i}{\partial t} = G_{j-1} c_p T_{j-1} - G_j c_p T_j - \frac{1}{2} (L_j \Omega_j U_j + L_{j-1} \Omega_{j-1} U_{j-1}) (T_i - T_g)$$
(6)

where *G* is the mass flow rates, *V* is the volume of heat carrier fluid enclosed in the control volume, Ω is the perimeter of the pipe section, *U* is the radial heat transmission coefficient from fluid to the ground, and T_g is the undisturbed ground temperature. The temperature of the branches is then associated with the temperature of the corresponding upwind nodes, according to the upwind scheme. Therefore, Equation (6) becomes:

320
$$\rho V_{i}c_{p} \frac{T_{i}^{(t)} - T_{i}^{(t-\Delta t)}}{\Delta \tau} = G_{j-1}c_{p}T_{i-1}^{(t)} - G_{j}c_{p}T_{i}^{(t)} - \frac{1}{2} \left(L_{j}\Omega_{j}U_{j} + L_{j-1}\Omega_{j-1}U_{j-1}\right) \left(T_{i}^{(t)} - T_{g}\right)$$
(7)

321 Equation (7) can be represented in matrix form as:

$$M \dot{T} = s - K T$$
(8)

where *M* and *K* are the so-called mass matrix and stiffness matrix, respectively. The temperature at the inlet node is fixed (Dirichlet condition) and the missing mass is attributed to the adjacent nodes. The first-order ordinary differential equation (ODE) (8) can be rewritten to give a linear system that can be solved by Gauss elimination method, as shown in Equation (9) and (10):

327
$$\frac{M}{\Delta t} (T - T_{-\Delta t}) = s - K T$$
(9)

328
$$\left(K + \frac{M}{\Delta t}\right) T = \left(s + \frac{M}{\Delta t} T_{-\Delta t}\right)$$
 (10)

where $T_{-\Delta t}$ represents the temperature vector with the temperature values of the preceding time-step (initial network temperature at the beginning of the simulation). In the current version of the model NeMo, the user can choose the resolution method for the transient heat propagation problem between the ODE solver (Equation 8) and the linear system solver (Equation 10). The latter allows the user to set the time-step of the internal solver Δt . A full description of the model is given in [30].

334

335 **2.5 Thermal model of the supply station**

The model of the SS is simulated in the TRNSYS environment. A scheme of the simulated system can be seen in Figure 5, where the configurations used during the heating (a) and cooling (b) seasons are summarized. In order to guarantee the setpoint temperature at the source-side of the heat pumps and the PVT tanks in the substations, a centralized GSHP releases heat to a GSHP tank through an immersed heat exchanger. A tempering valve is used to mix the return DHN stream with the water mass flow rate exiting the GSHP tank port to obtain the desired outlet temperature.

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343

Figure 5. Scheme of the centralized GSHP system during the heating (a) and cooling (b) seasons.

345

The GSHP is modeled using the novel TRNSYS Type mentioned in the previous paragraph, using the 346 compressors' polynomials of machines with a rated heating capacity of 135 kW for the case study of 347 348 Helsinki, 96 kW for Berlin and Strasbourg. An initial assessment of the borehole heat exchanger (BHE) field size was done using the ASHRAE [31] method. It resulted in BHEs' number (100 m long each) 349 350 equal to 98 for Helsinki, 36 for Berlin and 32 for Strasbourg. However, for the analyzed plant configuration, the number of boreholes can be reduced to the values reported in Table 2. The BHEs are 351 352 simulated using TRNSYS Type 557a. The main properties of the borehole field are presented in Table 2. For the ground thermal conductivity, the same value equal to 2.2 W/(m K) was assumed for the three 353 354 different locations as a simplification. The aim is to consider the same ground boundary conditions and 355 compare the results in the three locations.

35	6
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	Helsinki	Berlin	Strasbourg
Ground			
Specific heat		1000 J/(kg K	()
Density		2500 kg/m^3	

Undisturbed temperature	5.2 °C	9.8 °C	10.2 °C		
Thermal conductivity		2.2 W/(m K)		
Thermal gradient		0.03 °C/m			
Specific volume heat capacity	2	2500 kJ/(m^3)	K)		
Pipe	Pipe				
Length of each borehole		100 m			
Number of Boreholes	75 35 30				
Thermal conductivity	0.35 W/(m K)				
Outer/Inner diameter of pipe	32/26 mm				
Center-to-center distance	78 mm				
Distance between BHEs	8 m				
Fluid					
Composition	Water-Glycol (30%)				
Specific heat	3.915 kJ/(kg K)				
Density		1031 kg/m^3	3		

During the cooling season, as the ground temperature is low enough to cool the GSHP Tank at the chosen supply temperature, the heat pump is bypassed, and the immersed heat exchanger of the GSHP Tank is directly connected to the BHE field (Figure 5b). This configuration can be employed because the analyzed case studies are characterized by cold climate conditions and, therefore, by low cooling thermal loads of the buildings and low mean temperatures of the ground: the BHE can be directly used to cool the water inside the storage tank at the set temperature level.

364

365 2.6 Evaluation of energy system performance

Five performance indicators have been considered to evaluate the energy performance of the novel solution for providing space heating, cooling and domestic hot water to the district. One is the Coverage Ratio (CR), which represents the percentage of electrical energy demand ($W_{el,dem}$) covered by the selfgenerated solar power ($W_{el,PVT}$) using the PVT panels.

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$$CR = \frac{W_{el,PVT}}{W_{el,dem}} * 100 \tag{1}$$

Similarly, the Self-Use Ratio (SUR) indicates the percentage of the overall electrical energy produced by the PVT field ($W_{el,PVT,tot}$) that is self-consumed by the considered system. The latter includes the heat pumps, the electrical appliances in the network's substations and the GSHP of the supply station, considering the concept of the energy community. Otherwise, the electrical production of the PVT panel installed on the roof of each building is considered for meeting the demand of the same substation (appliances and heat pump). The electrical energy produced by the PVT field, is released to the electrical grid, is not considered by the SUR.

$$SUR = \frac{W_{el,PVT}}{W_{el,PVT,tot}} * 100$$
(2)

Another indicator related to PVT performance is the Primary Energy Reduction (PER), which represents the reduction of primary energy consumption determined by the self-consumption of the electrical energy produced by the PVT systems.

$$PER = W_{el,PVT} * PEF \tag{3}$$

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386

Where *PEF* is the Primary Energy Factor according to Sartori et al. [32]. For Finland (Helsinki) and Germany (Berlin), the PEF values are respectively 1.7 and 3, while for France is 2.58 [33].

The heat pumps' energy performances are evaluated in terms of seasonal coefficient of performance (SCOP) and seasonal energy efficiency ratio (SEER). The SCOP is the annual thermal energy exchanged at the heat pump's condenser during heating operation ($Q_{heating,HP}$), divided by the electrical energy absorbed by the compressor ($W_{el,HP}$).

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$$SCOP = \frac{Q_{heating,HP}}{W_{el,HP}}$$

Correspondingly, for cooling operation, the SEER is the annual thermal energy that is extracted in the evaporator at the load side of the heat pump ($Q_{cooling,HP}$), divided by the electrical energy absorbed by the compressor ($W_{el,HP}$).

398

$$SEER = rac{Q_{cooling,HP}}{W_{el,HP}}$$

399

400 **3. Results and discussion**

This section presents the results obtained from the simulations at the substations and the supply station levels. Moreover, considerations about the electrical and primary energy at a district level are provided. Finally, the results regarding the use of two temperature levels for the DHN water during the heating season are reported.

405

406 **3.1 Substations: the simulation results**

The monthly thermal energy demanded by the buildings for space heating, space cooling, and DHW production is illustrated in Figure 6. The thermal loads for all the considered climates are heatingdominant, with a heating/cooling ratio equal to 4.1 for Helsinki, 2.3 for Berlin and 1.5 for Strasbourg. Correspondingly, in Table 3, the annual and specific (related to the heated floor area) values for the thermal energy demand of heating, cooling and DHW are shown.



Table 3. Annual and specific thermal energy demanded by the neighbourhood for heating, cooling
and DHW production for the three localities.

	Heating		Co	Cooling		DHW	
	[MWh]	[kWh/m ²]	[MWh]	$[kWh/m^2]$	[MWh]	$[kWh/m^2]$	
Helsinki	279.38	71.3	-68.81	-17.6	106.53	27.2	
Berlin	177.57	45.3	-75.96	-19.4	93.57	23.9	
Strasbourg	156.34	39.9	-106.94	-27.3	92.44	23.6	

419

420 The DHW demand is computed considering a setpoint temperature of 43°C and a temperature of the 421 municipality water that differs between the three localities and depends on the mean annual temperature of the external air. In particular, concerning the DHW production, which has priority over 422 space heating and cooling provision, Table 4 reports the share of thermal energy for the production of 423 DHW, released by the solar field and by the heat pumps for the three investigated localities. As expected, 424 it can be noticed that in Helsinki (the coldest locality), the total energy need is higher than for the other 425 case studies, while the PVT thermal production is lower (up to 34% lower than in Strasbourg). This 426 means that the contribution of heat pumps is more relevant in Helsinki and, in particular, 28% higher 427 than in Strasbourg. 428

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- 430

Table 4. Total thermal energy for the DHW	⁷ production by PVT field and HPs	contribution
-------------------------------------------	----------------------------------------------	--------------

	PVT		HP		Total	
Helsinki	17.7 MWh	16%	92.9 MWh	84%	110.6 MWh	
Berlin	20.0 MWh	21%	77.0 MWh	79%	97.1 MWh	
Strasbourg	23.8 MWh	25%	72.0 MWh	75%	95.8 MWh	

431

Table 5 presents the electrical energy absorbed by the heat pumps and their performance when operating in cooling mode and in heating mode for space heating and DHW production. The

performance is evaluated in terms of SCOP and SEER. Overall, on an annual basis, the electrical 434 energy absorbed by the heat pumps in the substations for the three case studies is around 91 MWh in 435 Helsinki, 71 MWh in Berlin and 73 MWh in Strasbourg. It can be observed that this value is higher 436 for the case of Helsinki, where the thermal load for heating and DHW provision is 46% and 62% 437 higher than for Berlin and Strasbourg, respectively. On the other hand, Berlin presents an electrical 438 consumption that is slightly lower than in Strasbourg due to a cooling load that is 41% higher for this 439 last case study. 440

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Table 5. Electrical energy demanded by the heat pump and performances in the substations.

	Electrical E	SCOP/SEER [kWh/kWh				
	Heating	Cooling	DHW	Heating	Cooling	DHW
Helsinki	50303	13947	26967	5.4	4.9	3.7
Berlin	33004	16798	21795	5.2	4.5	3.8
Strasbourg	29096	23529	20404	5.2	4.6	3.8

443

The heat pumps are very efficient, and their performance values are similar for the different localities, 444 as the temperatures of the heat sources and sinks are constant. In particular, as the same compressor 445 446 model is chosen for the cases of Berlin and Strasbourg, the values for the SCOPs and SEERs do not change for these two localities, unlike for the case of Helsinki, where different performances 447 448 characterize the machine. Considering the production of the solar field, Table 6 reports the thermal energy produced by the PVT panels installed in the district and released to the DHW tank or to the 449 DHN. Moreover, it shows the electrical energy production and the overall electrical efficiency of the 450 PVT field. 451

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- 454

453 Table 6. Thermal energy (TE) produced by the solar field and released to the DHW tank and to the DHN, electrical energy (EE) production and electrical efficiency (η_{el}) of the PVT field.

	TE to DHW Tank [MWh]	TE To DHN [MWh]	EE [MWh]	ηel
Helsinki	16.81	17.02	112.18	17.9%
Berlin	20.14	18.42	111.35	17.6%
Strasbourg	23.90	21.23	118.98	17.4%

455

The cooling of the PVT panels allows obtaining slightly higher electrical efficiencies, as the electrical 456 production increases with the reduction in the temperature of the PV cells. Figure 7 shows this effect 457 during a representative summer day for a building in Berlin. In Figure 7, the temperature of the cells, 458 which is an output of the PVT capacitive TRNSYS type, is reported for the case with (blue line) and 459 without (yellow line) PVT cooling. When the PVT cooling control is active, that is when the graph area 460 is filled in green colour, the curves for the PV cells' temperatures diverge; correspondingly, the effect of 461

the electrical efficiency rise can be noticed. The electrical efficiency is shown with red dots for the case
without PVT cooling and with blue dots for the case with PVT cooling. When the PVT cooling control
is active, on average the electrical efficiency of the PV cells rises from a value of 16.2% to 16.5%, leading
to an increase in the electrical energy production of 512 kWh in one year.



467 Figure 7. Berlin - PVT cooling control (green area), PV cells' temperatures and electrical efficiency for
468 the cases with ("cooled" in the graph) and without PVT cooling.

469

466

470 Table 7 presents the annual thermal energy withdrawn from (+) or released to (-) the DHN. In particular, the energy is divided between the contribution related to the HPs operation and the PVT 471 472 cooling. The PVT field contributes to reducing the thermal energy extracted from the DHN during the cold season, while during the warm season, as the district loads are heating-dominant, it increases 473 474 the heat fluxes released to the DHN and, consequently, favours the balancing of the thermal load at the ground. For example, when considering the difference between the net thermal energy overall 475 extracted from the DHN during the cold season and the energy released during the warm season, this 476 value amounts to 158.7 MWh in Helsinki, 63.5 MWh in Berlin and 10.4 MWh in Strasbourg. On the 477 other hand, if the PVT contribution is not considered, the net thermal energy to the DHN becomes 478 equal to 176.4 MWh in Helsinki, 83.9 MWh in Berlin and 66.5 MWh in Strasbourg, demonstrating 479 an influence of the PVT field on the thermal load unbalance. 480

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Table 7. Thermal energy released to (-) and extracted from (+) the DHN during the cold and the

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	Cold Season [MWh]			Warm Season [MWh]		
	HP	PVT	HP-PVT	HP	PVT	HP+PVT
Helsinki	276.8	-3.6	273.2	-101.1	-13.5	-114.6
Berlin	186.6	-5.0	179.2	-102.7	-13.0	-115.7
Strasbourg	167.4	-5.4	159.3	-133.8	-15.2	-149.0

warm seasons.

For concluding the evaluation of the substations energy systems, Figure 8 shows the intraday effects 485 on the SS return temperature due to the HP sink/source fluctuations and the PVT behaviour in each 486 substation for a representative summer day in Berlin. In Figure 8, negative values for the thermal 487 power mean that the network supplies heat to the HPs in the substations to produce DHW. On the 488 contrary, positive values stand for space cooling demand or PVT cooling, leading to heat rejection to 489 the network. The PVT contributions concentrate between 10 am and 8 pm and determine a high 490 increase in SS return temperature, reaching 31°C at 3 pm, whereas the supply temperature is constant 491 492 at 25°C. On the other hand, the operations of heat pumps are managed differently in the different 493 buildings, resulting in minor variations of SS return temperature.



Figure 8. Intraday effects on the SS return temperature due to the HP and PVT cooling for a
summer day (2nd June).

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494

498 3.2 Supply station: the simulation results

The simulations carried out at the supply station level give information about the behaviour of the GSHP, which is connected to the DHN through the GSHP Tank and to the borehole field. The main output of this step of the modelling is the heat exchanged between the SS and the DHN. Figure 9 shows the monthly energy exchanged between the GSHP tank and the DHN, where positive values represent the energy released to the DHN, while negative values the heat that is extracted from the DHN.





Figure 9. Monthly values for thermal energy exchanged between the GSHP Tank and the DHN.

As anticipated, the simulation time was set to 20 years and allowed to monitor the operation of the GSHP. Indeed, the machine's performance might change over time due to the thermal drift effect of the ground, related to the unbalanced thermal load conditions. Figure 10 shows the trend along 20 years of the monthly COP for the three localities, decreasing with a tendency that depends on the BHE outlet temperature drop. Therefore, in Figure 10, the annual minimum and maximum temperatures of the heat carrier fluid exiting the BHE field are given as a reference. The SCOP varies from 4.0 for the first year of operation to 3.7 for the 20th year in Helsinki, from 5 to 4.7 in Berlin and from 4.8 to 4.5 in Strasbourg.



Figure 10. Monthly COPs, annual minimum (Tout min) and maximum (Tout max) outlet fluid
temperatures at the BHE field for (a) Helsinki, (b) Berlin and (c) Strasbourg.

519 During the first year, the electrical demand of the GSHP is equal to 100.1 MWh in Helsinki, 54.5 MWh 520 in Berlin and 53.4 MWh in Strasbourg. For the case without PVT cooling, in Berlin, the electrical energy 521 consumption of the centralized GSHP, providing the same thermal load to the GSHP Tank, would rise 522 to 54.8 MW. Between the 1st and the 20th year of operation, the electrical demand of the GSHP on annual 523 basis increases by 3.1 MWh for the case with PTV cooling and 3.4 MWh for the case without PVT

cooling in Berlin. Moreover, evaluating the PVT electrical output, during one year an additional
difference of 460 kWh in the production can be obtained if PVT cooling is considered.

526

527 **3.3 Electrical and primary energy considerations at the district level**

The electrical production of the PVT field contributes to meeting the demand of the plant related to the 528 electrical consumption of the heat pumps in the substations, the consumption of the electrical appliances 529 in the buildings and the GSHP demand. If the electrical production of the solar field installed on the roof 530 531 of each building was considered for meeting the demand of the same substation (appliances and heat 532 pumps), the CR would be 29% in Helsinki, 30% in Berlin and 32% in Strasbourg. In the same context, the SUR would be around 64% in Berlin and Strasbourg, 66% in Helsinki. On the other hand, introducing 533 534 the concept of energy community, where although the solar field is distributed on the different roofs, it belongs to the whole district, its production can increase the SUR of the system. Indeed, also considering 535 536 the GSHP electrical demand, with this perspective the SUR increases to 71% for Helsinki and Berlin case studies and 70% for Strasbourg. Concerning the energy community concept, Figure 11 shows the 537 538 electrical energy consumption by use, the production of the whole solar field in the district, the CR and the SUR. In this configuration, the CR would be 22% in Helsinki, 27% in Berlin and 28% in Strasbourg. 539 The annual electrical energy that the grid must provide amounts to 261 MWh for Helsinki, 196 MWh 540 for Berlin and 192 MWh for Strasbourg. On the contrary, the energy produced by the solar field but 541 exceeding the plant's electrical demand is about 29 MWh for Helsinki and Berlin, 32 MWh for 542 Strasbourg. Finally, in one year, the electrical energy produced by the PVT systems at the district level 543 involves a PER of 212 MWh for Berlin, and it is equal to 122 MWh and 113 MWh, respectively for 544 Helsinki and Strasbourg. The values for the solar field electrical production reported in Figure 11 and 545 the related calculations of CR and SUR consider an electrical efficiency of 0.9 due to the electrical plant 546 547 components' losses (i.e. the inverter).





550

551 **3.4 Effect of the variation in the district heating network water temperature during the**

552 heating period

- As anticipated in Section 2.2, a different strategy for enhancing the efficiency of the centralized GSHP 553 was investigated for Berlin climate, since this location is characterized by intermediate weather 554 conditions, compared to Helsinki and Strasbourg. During the heating period, the supply temperature was 555 kept at a constant value of 8°C from November to March, while during intermediate seasons, the 556 temperature was set to 20°C. For these simulations, the water temperature in the DHN is always at 25°C 557 during summer. The temperature of 8°C was chosen as it is closer to the average temperature of the 558 559 ground in Berlin and leads to lower energy consumption of the centralized GSHP. As expected, during the coldest months, the decrease in the supply temperature leads to a decrease in the 560
- 561 performance of the substations' heat pumps. Figure 12 shows the monthly COP for heating and DHW 562 production, together with the supply temperature level. As expected, the performance is higher during 563 the middle seasons' months, when the DHN water temperature is at 20°C.
- 564 Overall, the electrical energy consumption related to the operation of the substations' heat pumps for the 565 provision of heating and DHW increases by 8.5% compared to the case with a constant temperature of 566 20°C during the whole heating period, with a value of 59.5 MWh.
- 567



Figure 12. Berlin - Substation heat pumps monthly COP for the provision of space heating and DHW
and supply setpoint temperature from the DHN.

571

572 On the other hand, during the first year of operation, it is possible to obtain a relevant decrease in the 573 electrical energy demanded by the centralized GSHP, equal to 45.1 MWh during the first year, reaching 574 a saving of 21%. This is because the lower supply temperature allows a decrease in the temperature of 575 the water contained inside the thermal storage in the SS, reducing the thermal load to be delivered by the 576 GSHP.

Figure 13 shows a comparison between the case with constant DHN water temperature setpoint and variable setpoint. In particular, Figure 13 shows the supply water temperature after being mixed with the return water temperature from the network, and the monthly values of the GSHP COP, for both the cases with constant heating setpoint temperature and variable heating setpoint temperature. The monthly COP, when the setpoint temperature is equal to 8°C is significantly higher than the case with supply temperature at 20°C.





Figure 13. Berlin - GSHP monthly COP and supply water temperature to DHN. In conclusion, concerning the CR and the SUR, the results are similar than for the case with constant setpoint. Indeed, if the electrical production of the solar field is used to meet the demand in the same substation (appliances and heat pumps), the CR would be 30% and the SUR 64%. On the contrary, if the PV production was used for the whole energy community the CR would be 27% and the SUR 71%. The annual electrical energy that the grid must provide amounts, in this case, to 191 MWh, while the energy produced by the solar field but exceeding the plant's electrical demand is about 30 MWh.

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593 **4.** Conclusions

A technical solution for supplying heating, cooling, domestic hot water and electrical energy to a small residential district is investigated in three locations: Helsinki, Berlin and Strasbourg. The buildings are equipped with rooftop PVT systems and a reversible water-to-water heat pump that can extract/supply heat from/to an ultra-low temperature district heating network. During the heating season, the network is supplied by a high-efficiency GSHP.

The simulations performed at building level show that in the coldest climate (Helsinki), the PVT covers 16% of the total thermal energy needed for the DHW production. The booster heat pump supplies the remaining part. In Strasbourg, which is characterized by a warmer climate, the PVT contribution for DHW production reaches 25%. The heat pumps show high efficiency in cooling mode (SEER = 4.9) and heating mode for space heating (SCOP = 5.4) and DHW (SCOP = 3.7). As the temperatures of the heat sources and sinks are constant, these values are similar for the differentlocalities.

The simulations of the GSHP coupled to borehole heat exchangers, give information about the long-term 606 performance of the system, considering the thermal drift effect of the ground over 20 years. In Helsinki, 607 the SCOP does not change significantly, i.e. from 4.0 for the first year of operation to 3.7 for the 20th 608 year. This variation is reduced thanks to the PVT panels that help balance the thermal load at the 609 ground, reducing the thermal energy extracted from the DHN during the cold season and increasing 610 611 the heat fluxes released to the DHN during the warm season. At the same time, the electrical production 612 of the PVT field increases thanks to the cooling of the PV cells. Finally, the self-consumed electricity is 613 equal to 71% for Helsinki and Berlin and 70% for Strasbourg compared to the overall electricity 614 production from the PVT systems.

A different strategy for enhancing the efficiency of the centralized GSHP was also investigated for the intermediate climate, Berlin. During the heating period, the supply temperature was decreased compared to the reference case, during the coldest months. Despite leading to an overall increase of 8.5% in the electrical demand at the substations' level, this solution allows obtaining a reduction in the centralized GSHP electrical consumption of 21%.

620 In conclusion, the study presents an overview on the performance of a low-temperature district grid integrated with renewable energy technologies such as PVT systems and borehole heat exchangers. The 621 proposed solution appears attractive for small residential areas in cold climates. In addition, the research 622 highlights how detailed models can be integrated with each other, leading to accurate district-level 623 analysis. Future works could also include the effect of auxiliary devices on performance and electrical 624 625 demand of the system, such as circulators in the ground loop and DHN. Moreover, it would be interesting to perform some dynamic control on the setpoint temperature of the network, that might change along 626 the year and the lifetime of the energy plant, to adapt to performance degradation of the system for long 627 term operation. 628

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