

Journal: *Journal of Thoracic Disease*

Manuscript ID: JTD-24-575

doi: 10.21037/jtd-24-575

Title: Effect on post-operative pulmonary complications frequency of high flow nasal oxygen versus standard oxygen therapy in patients undergoing esophagectomy for cancer: study protocol for a randomized controlled trial—OSSIGENA study

Corresponding author: Cristian Deana

Dear Dr. Deana,

The proof of your manuscript is attached on the following pages. Please read through the document carefully to check for accuracy, reference citations, and figures and tables. Please also be aware a professional copyeditor may have edited your manuscript to comply with the JTD style requirements.

In addition to proofing the article, the following queries have arisen during the preparation of your paper. Please address the queries listed below by making the appropriate changes in the text.

If you have any other revisions that you would like to make, this will be the last opportunity to do so before the article is published. In particular, please ensure that the author’s names and affiliations have been identified correctly, and the address of the corresponding author is correct.

If the changes cannot be easily described through email, please annotate this proof according to the annotation guidelines as detailed on the following page.

Query Reference	Query	Author’s response
Q1	Please note that alterations cannot be made after you have approved for publication, irrespective of whether it is Online First.	
Q2	Please check the authors’ names [Author SURNAMES (family names) have been highlighted in red], the affiliations, and the correspondence details.	
Q3	Please check the Acknowledgements section and the Footnote.	
Q4	As the Helvetica Neue LT Pro font is used in typesetting, where the letter “c”, “o” and “i”, “l” may look similar in normal reading mode, please zoom in on the text for distinguishing.	
Q5	Please note that the link with the DOI number for the manuscript should be valid only after the whole issue is official published.	
Q6	For standardization, the texts/data appeared on the figures may be re-formatted during typesetting. Please check if all the texts/data are correct.	
Q7	Please have a final double check for all the details including any data or numbers described in the text, abstract, figure and table (e.g., percentage).	
Q8	Please provide the full term of the abbreviations highlighted in lines 95, 100-105, 196-197, 203, 218, 238, 269, 273, 370, 435, 442, 489, 491, and 505.	

Once you have completed your revisions and/or addressed all the queries, or if you are satisfied with the proof in its existing form, please email: e-proof@amegroups.com.

**To ensure the timely publication of your article,
please respond within 48 hours.**

Making corrections

Use Adobe Reader – available for free from <http://get.adobe.com/reader/> – to open the attached document.



Figure 1 Adobe Acrobat X

Adobe Professional 7:

Tools → *Commenting* → *show Commenting Toolbar*


Adobe Reader 8:

Tools → *Comments & Markup* → *show Comments and Markup Toolbar*


Adobe Reader 10 and above:


Comment → *choose either Sticky Note or Highlight Text*

In-text edits Select the appropriate symbol and then click and drag over the text to be modified.

Replace : denotes where the text should be replaced with an alternative option

Strikethrough : crosses out the text

Underline : underlines the text

Add note to text : links selected text with a pop-up note

Sticky notes **To make a note:** choose the Sticky Note option and then click on a desired location



Changing the name: double-click and choose Options → Sticky Note Properties → General → insert desired name

To move: click anywhere (apart from the text field) and drag

To resize: click on the right or left hand order and drag

To close: click the box on the upper right corner; this does NOT delete your note

To delete: click and press the Delete keyboard button or right click and select delete from the drop-down menu

Highlighting **This allows you can highlight parts of the text.**



To highlight: select Highlight and then click and drag over the text to be highlighted. When finished, click on Highlight again to turn off the option.

To change the colour: double-click on the highlighted text and choose Options → Properties → Appearance → Color

Saving your changes:

Click on *File* → *Save* before closing the document.

For more detailed instructions on using Adobe Acrobat, please refer to

<http://www.adobe.com/support/acrobat/gettingstarted/>

Effect on post-operative pulmonary complications frequency of high flow nasal oxygen versus standard oxygen therapy in patients undergoing esophagectomy for cancer: study protocol for a randomized controlled trial – OSSIGENA study

Cristian Deana^{1^}, Massimo Vecchiato², Danila Azzolina^{3,4}, Stefano Turi⁵, Annalisa Boscolo^{6,7,8}, Elisa Pistollato⁶, Stefano Skurzak⁹, Ombretta Amici¹⁰, Simone Priolo¹¹, Simone Tonini¹², Lorenzo Santo Foti¹³, Erika Taddei¹⁴, Paola Aceto^{15,16}, Antonio Martino², Antonio Ziccarelli², Lorenzo Cereser¹⁷, Simonetta Andreutti¹, Stefano De Carlo¹, Kevin Lirussi¹, Federico Barbariol¹, Gianmaria Cammarota¹⁸, Enrico Polati^{11,19}, Francesco Forfori¹⁴, Francesco Corradi¹⁴, Vincenzo Patruno²⁰, Paolo Navalesi^{6,7}, Salvatore Maurizio Maggiore^{21,22}, Francesca Lucchese¹, Roberto Petri², Flavio Bassi¹, Stefano Romagnoli^{13,23}, Elena Giovanna Bignami²⁴, Luigi Vetrugno^{21,25}; Ossigena Study Group

¹Anesthesia and Intensive Care 1, Department of Anesthesia and Intensive Care, Health Integrated Agency of Friuli Centrale, Udine, Italy; ²General Surgery Unit, Department of Surgery, Health Integrated Agency of Friuli Centrale, Udine, Italy; ³Department of Preventive and Environmental Science, University of Ferrara, Ferrara, Italy; ⁴Clinical Trial and Biostatistics, Research and Development Unit, University Hospital of Ferrara, Ferrara, Italy; ⁵Department of Anesthesia and Intensive Care, IRCCS San Raffaele Scientific Institute, Milan, Italy; ⁶Department of Medicine, University of Padua, Padua, Italy; ⁷Anesthesia and Intensive Care Unit, Padua University Hospital, Padua, Italy; ⁸Department of Cardiac, Thoracic, Vascular Sciences, and Public Health, University of Padova, Padua, Italy; ⁹Section of Anesthesia and Intensive Care, Città della Salute e della Scienza, Turin, Italy; ¹⁰Department of Anesthesia, ASST GOM Niguarda, Milan, Italy; ¹¹Intensive Care and Anesthesia Unit, Azienda Ospedaliera Universitaria Integrata (AOUI) Verona, Verona, Italy; ¹²Emergency Department, GB Morgagni-Pierantoni Hospital, Forlì, Italy; ¹³Department of Anesthesia and Critical Care, Azienda Ospedaliero-Universitaria Careggi, Florence, Italy; ¹⁴Department of Surgical, Medical, Molecular Pathology and Critical Care Medicine, University of Pisa, Pisa, Italy; ¹⁵Department of Emergency, Anesthesiologic and Reanimation Sciences, Fondazione Policlinico Universitario Agostino Gemelli IRCCS, Rome, Italy; ¹⁶Department of Basic Biotechnological Science, Intensive and Peri-Operative Clinics, Catholic University of the Sacred Heart, Rome, Italy; ¹⁷Institute of Radiology, Department of Medicine, University of Udine, University Hospital “S. Maria della Misericordia”, Udine, Italy; ¹⁸Department of Translational Medicine, Università del Piemonte Orientale, Novara, Italy; ¹⁹Anesthesiology, Intensive Care and Pain Therapy Center, Department of Surgery, University of Verona, Verona, Italy; ²⁰Department of Pulmonology, S. Maria della Misericordia University Hospital, Udine, Italy; ²¹Department of Anesthesiology, Critical Care Medicine and Emergency, SS. Annunziata Hospital, Chieti, Italy; ²²Department of Innovative Technologies in Medicine and Dentistry, Gabriele d’Annunzio University of Chieti-Pescara, Chieti, Italy; ²³Health Science Department, Section of Anesthesia and Critical Care, University of Florence, Florence, Italy; ²⁴Anesthesiology, Critical Care and Pain Medicine Division, Department of Medicine and Surgery, University of Parma, Parma, Italy; ²⁵Department of Medical, Oral and Biotechnological Sciences, University of Chieti-Pescara, Chieti, Italy

Contributions: (I) Conception and design: C Deana, M Vecchiato; (II) Administrative support: None; (III) Provision of study materials or patients: All authors; (IV) Collection and assembly of data: All authors; (V) Data analysis and interpretation: C Deana, D Azzolina, M Vecchiato, F Barbariol, L Vetrugno; (VI) Manuscript writing: All authors; (VII) Final approval of manuscript: All authors.

Correspondence to: Dr. Cristian Deana, MD. Anesthesia and Intensive Care 1, Department of Anesthesia and Intensive Care, Health Integrated Agency of Friuli Centrale, Piazzale S. Maria della Misericordia, 15 – 33100 Udine, Italy. Email: cristian.deana@asufc.sanita.fvg.it.

Background: Postoperative pulmonary complications (PPCs) remain a challenge after esophagectomy. Despite improvement in surgical and anesthesiological management, PPCs are reported in as many as 40% of patients. The main aim of this study is to investigate whether early application of high-flow nasal cannula (HFNC) after extubation will provide benefit in terms of reduced PPC frequency compared to standard

[^] ORCID: 0000-0002-1626-3177.

oxygen therapy.

Methods: Patients aged 18–85 years undergoing esophagectomy for cancer treatment with radical intent, excluding those with American Society of Anesthesiologists (ASA) score >3 and severe systemic comorbidity (cardiac, pulmonary, renal or hepatic disease) will be randomized at the end of surgery to receive HFNC or standard oxygen therapy (Venturi mask or nasal goggles) after early extubation (within 12 hours after the end of surgery) for 48 hours. The main postoperative goals are to obtain SpO₂ ≥94% and adequate pain control. Oxygen therapy after 48 hours will be stopped unless the physician deems it necessary. In case of respiratory clinical worsening, patients will be supported with the most appropriate tool (noninvasive ventilation or invasive mechanical ventilation). Pulmonary (pneumonia, pleural effusion, pneumothorax, atelectasis, acute respiratory distress syndrome (ARDS), tracheo-bronchial injury, air leak, reintubation, and/or respiratory failure) complications will be recorded as main outcome. Secondary outcomes, including cardiovascular, surgical, renal and infective complications will also be recorded. The primary analysis will be carried out on 320 patients (160 per group) and performed on an intention-to-treat (ITT) basis, including all participants randomized into the treatment groups, regardless of protocol adherence. The primary outcome, the PPC rate, will be compared between the two treatment groups using a chi-square test for categorical data, or Fisher's exact test will be used if the assumptions for the chi-square test are not met.

Discussion: Recent evidence demonstrated that early application of HFNC improved the respiratory rate oxygenation index (ROX index) after esophagectomy but did not reduce PPCs. This randomized controlled multicenter trial aims to assess the potential effect of the application of HFNC versus standard oxygen over PPCs in patients undergoing esophagectomy.

Trial registration: This study is registered at [clinicaltrials.gov NCT05718284](https://clinicaltrials.gov/NCT05718284), dated 30 January 2023.

Keywords: Esophagectomy; postoperative pulmonary complications (PPCs); high flow nasal cannula; outcome; perioperative medicine

Submitted Apr 10, 2024. Accepted for publication May 31, 2024.

doi: 10.21037/jtd-24-575

View this article at: <https://dx.doi.org/10.21037/jtd-24-575>

1 Introduction

2 Esophageal cancer is the sixth leading cause of cancer-
3 related death worldwide, with an estimated 540,000
4 deaths (1).

5 According to the Global Cancer Observatory, by the
6 end of 2040, there will be nearly 1 million new diagnoses of
7 esophageal cancer worldwide (2).

8 Esophagectomy is still the only curative treatment.
9 Despite improvements in surgical and anesthesiological
10 perioperative management, esophagectomy still carries
11 a high risk of postoperative complications, which are
12 reportedly as great as 50% (3,4). Postoperative pulmonary
13 complications (PPCs) are particularly frequent, and
14 according to the literature, they affect 40% of patients (5).

15 PPCs comprehend different entities, with pneumonia
16 being the most common with an overall incidence rate
17 of 15% (6); however, pleural effusion, atelectasis and
18 pneumothorax are reported in a non-negligible frequency
19

rate (7). 20

Some pre- and intra-operative factors have been 21
demonstrated to reduce PPCs' incidence rate (8). 22
However, postoperative options have not received adequate 23
consideration. 24

25 Despite pathophysiology being extremely complex, it
26 seems that postoperative atelectasis might relate to PPCs'
27 onset, especially for pneumonia and acute respiratory failure
28 requiring oxygen supplementation (9). 28

29 Some noninvasive respiratory support (NIRS) options
30 are available to overcome these complications (10). 30
31 However, efficacy, tolerance and NIRS ease of use should
32 always be taken into consideration for the success of the
33 treatment (11). 33

34 Noninvasive preventive ventilation (NIV) has been
35 proposed to reduce PPC after extubation, but its role is still
36 being debated raising concerns about possible interference
37 with surgical anastomosis (8). 37

38 High-flow nasal cannula (HFNC) has been developed
39 within acute respiratory failure treatment in critical care
40 settings, but evidence also supports its use for prevention of
41 PPCs (12,13).

42 In the specific setting of esophagectomy, only small
43 observational studies have assessed this aspect, albeit with
44 promising results (14,15).

45 As a consequence, the primary aim of this multicenter
46 randomized controlled trial is to evaluate whether early
47 HFNC application after extubation in patients undergoing
48 esophagectomy will reduce PPCs compared to standard
49 oxygen therapy (Venturi mask or nasal goggles).

50 Secondary aims explore whether any difference in
51 cardiovascular, surgical, renal or infective complications
52 will be recorded within the two treatment groups. Finally,
53 we will test if serum biomarkers, i.e., cardiac troponin
54 and NT-pro brain natriuretic peptide (NT-proBNP) have
55 sufficient sensitivity to predict the onset of postoperative
56 complications. We present this article in accordance with
57 the SPIRIT reporting checklist (available at <https://jtd.amegroups.com/article/view/10.21037/jtd-24-575/rc>).

59

60

61 **Methods**

62

63 This study was approved by the Ethics Committee
64 of Friuli Venezia Giulia Region (CEUR-FVG), the
65 coordinating center, with the identification number 16941
66 dated 28 February 2023. The study will be conducted in
67 accordance with the Declaration of Helsinki (as revised in
68 2013). The study was also registered at clinicaltrials.gov,
69 identifier NCT05718284 (<https://clinicaltrials.gov/study/NCT05718284>), dated 30 January 2023. Ad hoc insurance
70 has been activated for the study (Lloyd's Insurance
71 Company S.A., # A1202352299-LB).

72

73

74

75 *Study design and patients*

76

77 OSSIGENA is an Italian multicenter randomized controlled
78 trial. Patients will be recruited in high-volume centers for
79 esophageal cancer surgery. Centers have been previously
80 identified through inspection of the website (<https://pne.agenas.it/home>) of the Italian National Agency for Regional
81 Healthcare Systems, which provides official data about
82 health-care volume and outcomes of Italian hospitals for
83 every single illness (16).

84 High-volume centers have been defined as surgery units
85 that perform ≥ 20 esophagectomies per year (17).

86 Patients will be recruited in the 12 participating centers

87 after each one has received approval from their institution's
88 ethics committee before the enrollment of the first patient.

89

90

91 *Inclusion criteria*

92

93

94

95

96

97

98

99

100

101

102

103

104

105

106

107

108

109

110

111

112

113

114

115

116

117

118

119

120

121

122

123

124

125

126

127

128

129

130

131

132

133

134

135

136

134 **Outcomes**

135 The primary outcome of this trial is to assess the efficacy
136 of early HFNC oxygen therapy in reducing PPCs after
137 esophagectomy compared to standard oxygen therapy
138 delivered via a Venturi mask or nasal cannula. PPCs will be
139 defined according to standardized criteria, which may include,
140 but are not limited to, pneumonia, atelectasis, bronchospasm,
141 respiratory failure, and the need for re-intubation.

142 The secondary outcomes of the study are focused on
143 evaluating differences in the complication rates across four
144 key areas between the two groups:

- 145 (I) Cardiovascular complications: arrhythmias,
146 myocardial infarction, heart failure or any other
147 cardiovascular event rate occurred postoperatively;
- 148 (II) Surgical complications: anastomotic leakage, wound
149 infection or any other surgical site complication rate;
- 150 (III) Renal complications: acute kidney injury or failure
151 rate, as measured by changes in serum creatinine or
152 urine output; and
- 153 (IV) Infective complications: sepsis, urinary tract infections
154 or any other hospital-acquired infections rate.

155 As exploratory outcomes, the study will evaluate the sensitivity
156 of serum biomarkers, specifically sensitive cardiac troponin,
157 and NT-proBNP in predicting the onset of postoperative
158 complications. These biomarkers will be measured pre-
159 operatively and at defined intervals postoperatively (once a day
160 for the first 3 postoperative days) to assess their association
161 with the actual occurrence of complications.

164 **Endpoints**

165 The primary endpoint is the PPC reduction defined by a
166 statistically significant lower rate of PPCs in the HFNC
167 group compared to the standard oxygen therapy group.

168 Secondary endpoints are:

- 169 ❖ the difference in complication rates, defined by
170 comparing the rate of cardiovascular, surgical,
171 renal and infective complications between the two
172 groups; and
- 173 ❖ the difference in biomarker predictive value defined
174 by the ability of pre-operative and postoperative
175 levels of sensitive cardiac troponin and NT-
176 proBNP to accurately predict the occurrence of
177 postoperative complications.

180 **Randomization**

181 After informed written consent is obtained, at the end of
182

surgery, each patient will be assigned to intervention or
standard oxygen treatment.

Block randomization derived in a central computerized
system through <http://www.randomization.com> will be
managed by the PI of the study (C.D.). The enrollment ratio
will be 1:1 and will be competitive among participating centers.

Peri-operative anesthesiological management

All patients scheduled for esophagectomy will be evaluated
before surgery according to ESC guidelines (18) and
following the internal protocol in use at each participating
center.

Standard (EKG, SpO₂, neuromuscular transmission,
ETCO₂) plus invasive arterial monitoring, urinary catheter
and internal temperature probe will be adopted for every
patient.

Intraoperative protective mechanical ventilation with
tidal volume (V_T) of 6–8 mL/kg of predicted body weight
(PBW) [calculated according to acute respiratory distress
syndrome (ARDS) network formula (19)] and PEEP
5 cmH₂O during two-lung ventilation will be adopted. In case
of one-lung ventilation, V_T will be reduced to ≤5 mL/kg of
PBW. Lung recruiting maneuvers can be performed if the
anesthesiologist deems them necessary. In any case, the
anesthesiologist in charge will be free to modify ventilatory
parameters as needed.

Hemodynamic monitoring will not be protocolized.
However, fluid therapy should be targeted to reach
zero fluid balance at the end of surgery, or it will be
goal-directed if cardiac output monitoring is available.
The maximum amount of fluid infusion allowed will be
≤10 mL/kg/h.

Intraoperative transfusion will take place when Hb ≤7 g/dL,
unless there is a history of coronary artery disease or signs
of inadequate organ perfusion (lactates >2 mmol/L, ScVO₂
<70% or urinary output ≤0.5 mL/kg/h), when higher Hb
targets should be considered.

Depth of anesthesia will be monitored and tailored
according to the available monitoring tools at each
participating center.

Postoperative analgesia should provide numeric rating
scale (NRS) <4.

Postoperative oxygen supplementation treatment protocol

According to randomization, patients will receive HFNC or
conventional oxygen therapy (COT) as shown in *Figure 1*.

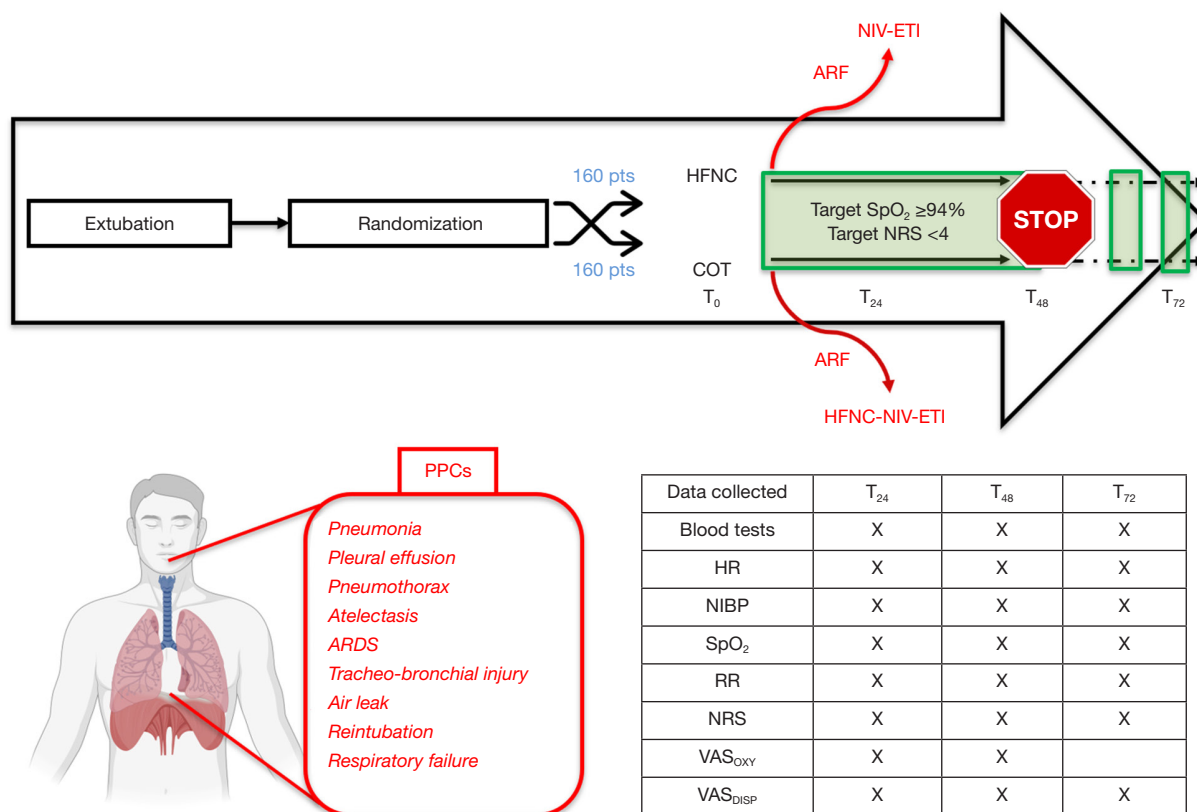


Figure 1 Study timeline. After extubation that will be performed within 12 hours after the end of surgery, patients will be randomized (T₀) to receive HFNC or COT for the following 48 hours. The primary oxygenation target will be to maintain SpO₂ ≥94% with the lowest FiO₂ possible. After this period (T₄₈), treatment will be stopped unless the physician deems it necessary. In case of clinical signs of respiratory worsening (ARF) during the period T₀–T₄₈, irrespective of the treatment assigned, patients will be treated with noninvasive or invasive respiratory support per the physician’s decision. Similarly, patients randomized to COT will be allowed to receive HFNC if increased NIRS is necessary. The main PPCs recorded within the first 30 days after surgery will be pneumonia, pleural effusion, pneumothorax, atelectasis, ARDS, tracheo-bronchial injury, air leak, reintubation and respiratory failure. After the initiation of oxygen treatment, for 72 hours, all parameters shown in the table in the lower right part of the figure will also be collected. Figure made with biorender.com. HFNC, high-flow nasal cannula; COT, conventional oxygen therapy; ARF, acute respiratory failure; NIV, noninvasive ventilation; ETI, endotracheal intubation; NRS, numerical rating scale for pain; HR, heart rate; NIBP, noninvasive blood pressure; RR, respiratory rate; VAS_{OXY}, visual analogue scale for the tolerance of the oxygen treatment delivered; PPC, postoperative pulmonary complication; NIRS, noninvasive respiratory support; VAS_{DISP}, visual analogue numeric scale for dyspnea.

231 Intervention group—HFNC group

232 In the intervention group, HFNC (Optiflow™ Nasal
233 High Flow, AIRVO2 Fisher & Paykel HealthCare Ltd.,
234 Auckland, New Zealand) will be applied immediately
235 after extubation with the following setting: gas flow will
236 be initially set at 50 or 60 L/min if body weight is <80 or
237 ≥80 kg, respectively. The initial temperature will be set
238 at 37 °C, while the lowest FiO₂ to reach SpO₂ ≥94% will
239 be used.

In case of intolerance, set parameters will be modified to 240
cope with the patient’s comfort. 241

The nasal cannula will be of adequate size considering 242
the dimensions of the patient. 243

244 COT group

245 The control group will receive oxygen supplementation 246
with Venturi mask or nasal goggles with the minimum FiO₂ 247
to reach SpO₂ ≥94%. 248

249 Both treatments (HFNC and COT) will last 48 hours
 250 after extubation, and then they will be stopped unless
 251 they are deemed clinically necessary per the physician's
 252 evaluation.

253 Any interruption of oxygen supplementation required
 254 during the 48 hours after extubation should be reduced to
 255 the minimum time possible.

256 If clinically necessary according to the physician's
 257 judgment in case of acute respiratory failure (as described
 258 further on), patients in the control oxygen group will be
 259 allowed to receive HFNC as long as necessary. Moreover,
 260 in both groups, NIRS or endotracheal intubation will
 261 be allowed in the same case or other life-threatening
 262 complications if the ongoing treatment will be insufficient
 263 to treat the acute illness (see *Figure 1*). This event will be
 264 recorded as appropriate in CRE.

265

266 *Data collected for the analysis*

267

268 Preoperative data collected will be age, sex, weight,
 269 height, BMI, ASA class status, any cardiovascular-
 270 pulmonary-liver-renal or endocrinological comorbidity,
 271 Charlson Comorbidity Index (CCI), ARISCAT score (20),
 272 neoadjuvant chemo and/or radiotherapy, type and site of
 273 tumor, lung function test (spirometry), reported METs, Hb
 274 and creatinine.

275 Intraoperative data are type of anesthesia [totally
 276 intravenous (TIVA) or inhalatory (INA)], use of vasoactive
 277 drugs (norepinephrine-epinephrine-dopamine-dobutamine),
 278 complete ventilatory parameters [V_T , PEEP, driving pressure
 279 (DP), respiratory rate (RR)], fluid balance (cumulative),
 280 and type of postoperative analgesia (locoregional analgesia,
 281 intravenous, other).

282 Some surgical data will be also recorded, such as type of
 283 surgery (open-mininvasive or robotic), duration of surgical
 284 procedures and blood loss.

285 Postoperative data will include blood gas analysis (pH,
 286 PaO_2 , PaCO_2 , HCO_3^- , $\text{PaO}_2/\text{FiO}_2$), hemochrome, cardiac
 287 troponin and NT-proBNP, C-reactive protein (CRP),
 288 procalcitonin (PCT), serum creatinine and blood urea
 289 nitrogen (BUN). These tests will be sampled once a day for
 290 the first 3 postoperative days.

291 Moreover, 4 times a day for the first 3 postoperative days,
 292 heart rate (HR), noninvasive blood pressure (NIBP), SpO_2 ,
 293 RR, temperature, and pain (with NRS) and visual analogue
 294 numeric scale for dyspnea (VAS_{DYS}) [from 0 (no dyspnea)
 295 to 10 (the worst dyspnea ever)] will be collected.

296 Each day at least once a day for the first 48 hours after

extubation, oxygen supplementation parameters will be 297
 registered, including HFNC tolerance according to the 298
 VAS scale (VAS_{OXY}) (from 0 to 10, 0 completely tolerated, 299
 10 not tolerable). 300

Finally, survival will be assessed at 30 days after surgery. 301

All data will be collected in dedicated Excel (Microsoft 302
 Windows) sheets ad hoc prepared by PI (C.D.). Each single 303
 center will receive the Excel file where anonymized data 304
 will be recorded and shared with PI. 305

306

307

308 *Postoperative complications*

All the following postoperative complications partially 309
 modified from "International Consensus on Standardization 310
 of Data Collection for Complications Associated with 311
 Esophagectomy" (21) and "Postoperative Pulmonary 312
 Complications" (22) that appeared within 30 days after 313
 surgery will be considered for the final analysis. 314

❖ Pulmonary: 315

- (I) Pneumonia (defined as lung opacity at chest 316
 X-ray; plus at least 1 from fever $>38^\circ\text{C}$ without 317
 any other plausible cause, $\text{WBC} <4,000$ or 318
 $>12,000/\text{mm}^3$, mental alteration in patients 319
 >70 years old without any other cause; plus 320
 at least 2 from new onset purulent sputum, 321
 increasing bronchial secretions, new onset 322
 or increasing cough, dyspnea, tachypnoea, 323
 decreasing SpO_2 or lung crackles); 324
- (II) Pleural effusion: chest X-ray with obliteration 325
 of costophrenic angle blunting or ultrasound 326
 findings suggesting free fluid within the pleural 327
 space; 328
- (III) Pneumothorax: air in chest cavity diagnosed 329
 with chest X-ray or CT scan; 330
- (IV) Atelectasis: lung opacity with/without 331
 mediastinal shift, with contralateral signs of 332
 hyperinflation diagnosed with chest X-ray or 333
 CT scan, with/without need for bronchoscopy; 334
- (V) ARDS: ARDS according to Berlin definition (23); 335
- (VI) Tracheobronchial injury: bronchoscopic 336
 evaluation or CT scan suggesting discontinuity 337
 within the bronchial tree; 338
- (VII) Air leak: continuous air leak within the chest 339
 drainage lasting for >72 h; 340
- (VIII) Reintubation: need for reintubation; and/or 341
- (IX) Respiratory failure: oxygen supplementation 342
 required to maintain $\text{SpO}_2 \geq 94\%$ with dyspnea, 343
 tachypnoea, without signs of pneumonia. 344

- 345 ❖ Cardiovascular:
- 346 (I) Cardiac arrest;
- 347 (II) Acute myocardial infarction;
- 348 (III) New onset arrhythmia requiring cardiological
- 349 consultation;
- 350 (IV) Acute heart failure;
- 351 (V) Pericarditis;
- 352 (VI) Pulmonary embolism at computed tomography
- 353 (CT) scan;
- 354 (VII) Deep vein thrombosis; and/or
- 355 (VIII) Stroke, either ischemic or hemorrhagic.
- 356 ❖ Surgical:
- 357 (I) Anastomotic leak;
- 358 (II) Chylothorax;
- 359 (III) Conduit necrosis;
- 360 (IV) Dysphagia;
- 361 (V) Delayed emptying; and/or
- 362 (VI) Reoperation needs.
- 363 ❖ Renal:
- 364 (I) Acute kidney failure [KDIGO criteria (24)];
- 365 and/or
- 366 (II) Need for hemodialysis or continuous renal
- 367 replacement therapy (CRRT).
- 368 ❖ Infective:
- 369 (I) Surgical site infection, bloodstream infection,
- 370 CRBSI, UTI, septic shock.

371 For both groups, treatment failure, i.e., the need to
 372 increase the intensity of respiratory support as shown in
 373 figure 1, will be recorded.

375 *Statistical analysis*

376
 377 For continuous variables, the data will be described using
 378 the median and the interquartile range (IQR). Categorical
 379 variables, such as the gender of participants or the presence
 380 of specific clinical conditions, will be described using
 381 absolute frequencies and percentages. For the analysis of
 382 continuous variables, the Wilcoxon test will be used. For
 383 categorical variables, the chi-square test or Fisher's exact
 384 test, whichever is appropriate, will be employed.

385 The primary outcome, the PPCs rate, will be compared
 386 between the two treatment groups (early HFNC
 387 application *vs.* standard oxygen therapy). This comparison
 388 will be conducted using a chi-square test for categorical
 389 data. If the assumptions for the chi-square test are not
 390 met (e.g., small expected cell counts), Fisher's exact test
 391 will be used as an alternative. The primary analysis will be
 392 performed on an intention-to-treat (ITT) basis, including

all participants being randomized into the treatment groups, 393
 regardless of protocol adherence. 394

Secondary outcomes include differences in cardiovascular, 395
 surgical, renal or infective complications between the two 396
 groups. Each of these outcomes will be analyzed separately: 397

similarly to the primary outcome, the rate of these 398
 complications will be compared using chi-square or Fisher's 399
 exact tests, as appropriate. 400

To evaluate the sensitivity of biomarkers (cardiac troponin 401
 and BNP) in predicting postoperative complications, receiver 402
 operating characteristic (ROC) curves will be used. The 403
 area under the curve (AUC) will provide a measure of the 404
 biomarkers' ability to discriminate between patients with 405
 and without complications. Optimal cutoff values will be 406
 determined based on the Youden index. 407

The statistical analyses will be conducted with R (R Core 408
 Team 2015) (25). 409

411 *Power analysis*

412
 413 From the available data, the PPCs' frequency rate after
 414 esophagectomy is 20–40% (26). Considering PPCs'
 415 frequency of 25% (3) and expecting their absolute
 416 reduction of 12.5% [prudential reduction as show in Xia
 417 *et al.*'s study (15)], the sample size required to compare
 418 two independent proportions with the chi-square test
 419 with $\alpha=0.05$ and $\beta=0.20$, with an enrollment ratio of 1:1, is
 420 152 patients per group. Expecting a drop-out rate of near
 421 5%, 160 patients per group will be required to test the null
 422 hypothesis. 423

424 *Discussion*

425
 426 PPCs represent a major problem after esophagectomy (27).
 427 Their onset is associated with adverse outcomes, including
 428 longer hospital stay and increased risk of death (28,29).

429 Evidence supports early application of noninvasive
 430 ventilation after extubation in some clinical settings such as
 431 cardiac, lung resection or major abdominal surgery (12,13).

432 Scarce evidence exists in the specific setting of
 433 esophagectomy. A recent observational study demonstrated
 434 that early HNFC application was associated with a better
 435 ROX index in the first 24 hours than in the standard
 436 oxygen group, especially by reduction of RR (14). This is
 437 an important aspect to consider since it probably allows
 438 the performance of respiratory physiotherapy early after
 439 surgery, with all the potential consecutive benefits.

440 In fact, a recent meta-analysis demonstrated that

441 postoperative rehabilitation resulted in a lower incidence
 442 of pneumonia, a shorter LOS_{HOSP} and better health-related
 443 quality of life scores for dyspnea and physical functioning (26).

444 Moreover, in our study, we noted that in the HFNC
 445 group, there was a decreased frequency of postoperative
 446 acute respiratory failure, although it was not statistically
 447 significant (P=0.07).

448 We should consider that the trial was not adequately
 449 powered and was not randomized, so some biases could
 450 have been present. However, we did not demonstrate any
 451 reduction in the frequency of either overall postoperative or
 452 pulmonary complications.

453 In this regard, our study contrasts with the findings
 454 of Xia *et al.*, who found that application of HFNC after
 455 extubation reduced hypoxemia, incidence of clinical PPC
 456 and anastomotic leakage and was associated with shorter
 457 stays in hospital (15).

458 In more detail, HFNC compared to COT reduced
 459 lung volume loss caused by pneumothorax, atelectasis and
 460 pulmonary consolidation as demonstrated with CT scan
 461 imaging.

462 From a pathophysiological point of view, these findings
 463 are expected since HFNC provides positive airway pressure
 464 and increased anatomical dead-space washout, with clinical
 465 improvement of oxygenation, reduction of breathing
 466 effort and, finally, ameliorating respiratory mechanics with
 467 optimization of the patient's comfort (30). Many effects
 468 of HFNC are flow-dependent (31). However, high gas
 469 flow is better tolerated by hypoxemic patients since they
 470 feel the beneficial effect compared to the ones without
 471 respiratory failure, in whom lower flows could be required
 472 to accommodate the patient's tolerability. Probably for
 473 this reason, we were not able to demonstrate that HFNC
 474 reduced atelectasis investigated with radiological atelectasis
 475 score (32). In fact, in our previous study, mean gas flow
 476 was 47±6 L/min, but only 65% of patients tolerated the
 477 prescribed gas flow, while 35% required flow reduction due
 478 to discomfort (14). In addition, we should highlight that the
 479 RAS score has its intrinsic limits such as low specificity for
 480 atelectasis.

481 Early recognition of postoperative complication is of
 482 fundamental importance to begin proper treatment without
 483 any delay.

484 There has been considerable debate about the predictive
 485 capacity of some serum biomarkers such as troponin and
 486 natriuretic peptides (33).

487 A recently published work containing a sub-analysis of
 488 the MET-repair study, however, demonstrated that pre-

operative evaluation of NPs did not add benefit to the 489
 classical predictive scores for cardiac events such as ASA 490
 score and MICA score (34). 491

492 On the other hand, increased postoperative NPs and
 493 high-sensitive cardiac troponin are independently associated
 494 with adverse cardiac events in major abdominal surgery (35). 494

495 For this reason, we will evaluate whether early
 496 postoperative increase in NPs or cardiac troponin should
 497 help identify patients at risk of worsening before it becomes
 498 clinically relevant. 498

499 Our study protocol has some limitations: firstly,
 500 esophagectomies will be performed by different surgical
 501 teams with different level of expertise. However, we decided
 502 to include only high-volume centers to reduce this bias. 502
 503 Second, perioperative management is prone to considerable
 504 variability from center to center, such as postoperative ward
 505 admission type and level of intensity (ICU versus surgical
 506 ward). But this is a practical study, and it is impossible to
 507 protocolize every single action for this population simply
 508 because human, technology and economic resources vary
 509 from one center to another. Finally, we did not consider a
 510 standardized prehabilitation program before surgery for
 511 this group of patients. However, this was not the aim of the
 512 study. 512

513 The study is currently in the enrollment phase.
 514 Esophageal surgery for cancer is increasing, but it is still
 515 subject to high rates of postoperative complications, with
 516 PPCs being the most represented. We will try to explore
 517 a possible PPCs reduction by early application of HFNC
 518 after esophagectomy. 518

Acknowledgments 520

521
 522 Ossigena Study Group: Marta Pontoni (Pulmonology Unit,
 523 Health Integrated Agency of Friuli Centrale, Udine, Italy),
 524 Paola Raimondi (Pulmonology Unit, Health Integrated
 525 Agency of Friuli Centrale, Udine, Italy), Marika Pascolo
 526 (Health Integrated Agency of Friuli Centrale, Udine, Italy),
 527 Carolina Del Favero (General Surgery Department, Health
 528 Integrated Agency of Friuli Centrale, Udine, Italy), Arianna
 529 Cracina (General Surgery Department, Health Integrated
 530 Agency of Friuli Centrale, Udine, Italy), Barbara Minisini
 531 (General Surgery Department, Health Integrated Agency
 532 of Friuli Centrale, Udine, Italy), Michele Balzano (General
 533 Surgery Department, Health Integrated Agency of Friuli
 534 Centrale, Udine, Italy), Francesca Stefani (Department of
 535 Anesthesia and Intensive Care, Health Integrated Agency
 536 of Friuli Centrale, Udine, Italy), Michele Valmasoni 536

537 (Department of Surgery, Oncology and Gastroenterology,
 538 University of Padua, School of Medicine, Padova, Italy),
 539 Simone Giacomuzzi (General and Upper GI Surgery
 540 Division, Department of Surgery, University of Verona,
 541 Verona, Italy), Monica Gualtierotti (UOC Chirurgia
 542 Generale Oncologica e Mininvasiva, Ospedale Niguarda,
 543 Milano, Italy), Fabrizio Rebecchi (Department of Surgical
 544 Sciences, University of Torino), Paolo Strignano (General
 545 Surgery 2 Unit, Città della Salute e della Scienza, Turin,
 546 Italy), Paola Rampa (Anesthesia and Intensive Care 1, Città
 547 della Salute e della Scienza, Turin, Italy), Marina Caponi
 548 (Anesthesia and Intensive Care 2, Città della Salute e della
 549 Scienza, Turin, Italy), Manuela Crucitti (Anesthesia and
 550 Intensive Care 2, Città della Salute e della Scienza, Turin,
 551 Italy), Antonio Toscano (Anesthesia and Intensive Care
 552 2, Città della Salute e della Scienza, Turin, Italy), Sara
 553 Iannandrea (Anesthesia and Intensive Care 2, Città della
 554 Salute e della Scienza, Turin, Italy), Luisella Panealbo
 555 (Anesthesia and Intensive Care 2, Città della Salute e della
 556 Scienza, Turin, Italy), Stefano Santi (Division of Esophageal
 557 Surgery Regional Referral Center “Mauro Rossi” for
 558 Diagnosis and Treatment of Diseases of Esophagus, Azienda
 559 Ospedaliero-Universitaria Pisana, Pisa, Italy), Franco
 560 Stella (Dipartimento di Scienze Mediche e Chirurgiche,
 561 University of Bologna), Riccardo Rosati (Department of
 562 Gastrointestinal Surgery, IRCCS Ospedale San Raffaele,
 563 Vita e Salute University, Milan, Italy), Fabio Cianchi
 564 (Unit of Gastrointestinal Surgery, Department of Surgery,
 565 Careggi Hospital, Florence, Italy), Francesco Coratti
 566 (Unit of Gastrointestinal Surgery, Department of Surgery,
 567 Careggi Hospital, Florence, Italy), Marta Cricchio (Unit of
 568 Gastrointestinal Surgery, Department of Surgery, Careggi
 569 Hospital, Florence, Italy).
 570 *Funding:* None.

572 Footnote

573
 574 *Reporting Checklist:* The authors have completed the SPIRIT
 575 reporting checklist. Available at [https://jtd.amegroups.com/
 576 article/view/10.21037/jtd-24-575/rc](https://jtd.amegroups.com/article/view/10.21037/jtd-24-575/rc)
 577

578 *Peer Review File:* Available at [https://jtd.amegroups.com/
 579 article/view/10.21037/jtd-24-575/prf](https://jtd.amegroups.com/article/view/10.21037/jtd-24-575/prf)
 580

581 *Conflicts of Interest:* All authors have completed the ICMJE
 582 uniform disclosure form (available at [https://jtd.amegroups.
 583 com/article/view/10.21037/jtd-24-575/coif](https://jtd.amegroups.com/article/view/10.21037/jtd-24-575/coif)). The authors
 584 have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all 585
 586 aspects of the work in ensuring that questions related
 587 to the accuracy or integrity of any part of the work are
 588 appropriately investigated and resolved. This study was
 589 approved by Ethics Committee of Friuli Venezia Giulia
 590 Region (CEUR-FVG), the coordinating center, with the
 591 identification number 16941 dated 28 February 2023.
 592 Patients will receive information about the study, and
 593 written consent will be requested. In the case that the
 594 patient is unable to write his signature, verbal consent will
 595 be asked in the presence of two testimonies. The study
 596 will be conducted in accordance with the Declaration of
 597 Helsinki (as revised in 2013).
 598

Open Access Statement: This is an Open Access article 599
 600 distributed in accordance with the Creative Commons
 601 Attribution-NonCommercial-NoDerivs 4.0 International
 602 License (CC BY-NC-ND 4.0), which permits the non-
 603 commercial replication and distribution of the article with
 604 the strict proviso that no changes or edits are made and the
 605 original work is properly cited (including links to both the
 606 formal publication through the relevant DOI and the license).
 607 See: <https://creativecommons.org/licenses/by-nc-nd/4.0/>.
 608

609 References

- 610 1. Liu CQ, Ma YL, Qin Q, et al. Epidemiology of esophageal
 611 cancer in 2020 and projections to 2030 and 2040. *Thorac*
 612 *Cancer* 2023;14:3-11. 613
- 614 2. Morgan E, Soerjomataram I, Rungay H, et al. The
 615 Global Landscape of Esophageal Squamous Cell
 616 Carcinoma and Esophageal Adenocarcinoma Incidence
 617 and Mortality in 2020 and Projections to 2040: New
 618 Estimates From GLOBOCAN 2020. *Gastroenterology*
 619 2022;163:649-658.e2. 619
- 620 3. Low DE, Kuppusamy MK, Alderson D, et al.
 621 Benchmarking Complications Associated with
 622 Esophagectomy. *Ann Surg* 2019;269:291-8. 622
- 623 4. Bailey SH, Bull DA, Harpole DH, et al. Outcomes after
 624 esophagectomy: a ten-year prospective cohort. *Ann*
 625 *Thorac Surg* 2003;75:217-22; discussion 222. 625
- 626 5. Kuppusamy MK, Low DE; International Esodata Study
 627 Group (IESG). Evaluation of International Contemporary
 628 Operative Outcomes and Management Trends Associated
 629 With Esophagectomy: A 4-Year Study of >6000 Patients
 630 Using ECCG Definitions and the Online Esodata
 631 Database. *Ann Surg* 2022;275:515-25. 631
- 632 6. Seesing MFJ, Kingma BF, Weijs TJ, et al. Reducing 632

- 633 pulmonary complications after esophagectomy for cancer. 681
 634 J Thorac Dis 2019;11:S794-8. 682
- 635 7. Yoshida N, Harada K, Iwatsuki M, et al. Precautions for 683
 636 avoiding pulmonary morbidity after esophagectomy. Ann 684
 637 Gastroenterol Surg 2020;4:480-4. 685
- 638 8. Deana C, Vetrugno L, Bignami E, et al. Peri-operative 686
 639 approach to esophagectomy: a narrative review 687
 640 from the anesthesiological standpoint. J Thorac Dis 688
 641 2021;13:6037-51. 689
- 642 9. Lagier D, Zeng C, Fernandez-Bustamante A, et al. 690
 643 Perioperative Pulmonary Atelectasis: Part II. Clinical 691
 644 Implications. Anesthesiology 2022;136:206-36. 692
- 645 10. Bauchmuller K, Glossop AJ. Non-invasive ventilation in 693
 646 the perioperative period. BJA Education 2016;16:299-304. 694
- 647 11. Pierucci P, Portacci A, Carpagnano GE, et al. The right 695
 648 interface for the right patient in noninvasive ventilation: a 696
 649 systematic review. Expert Rev Respir Med 2022;16:931-44. 697
- 650 12. Zayed Y, Kheiri B, Barbarawi M, et al. Effect of 698
 651 oxygenation modalities among patients with postoperative 699
 652 respiratory failure: a pairwise and network meta-analysis of 700
 653 randomized controlled trials. J Intensive Care 2020;8:51. 701
- 654 13. Hui S, Fowler AJ, Cashmore RMJ, et al. Routine 702
 655 postoperative noninvasive respiratory support and 703
 656 pneumonia after elective surgery: a systematic review 704
 657 and meta-analysis of randomised trials. Br J Anaesth 705
 658 2022;128:363-74. 706
- 659 14. Deana C, Vecchiato M, Bellocchio F, et al. High flow nasal 707
 660 oxygen vs. conventional oxygen therapy over respiratory 708
 661 oxygenation index after esophagectomy: an observational 709
 662 study. J Thorac Dis 2024;16:997-1008. 710
- 663 15. Xia M, Li W, Yao J, et al. A postoperative comparison of 711
 664 high-flow nasal cannula therapy and conventional oxygen 712
 665 therapy for esophageal cancer patients. Ann Palliat Med 713
 666 2021;10:2530-9. 714
- 667 16. Intervento chirurgico per TM esofago: volume di ricoveri. 715
 668 Available online: [https://pne.agenas.it/ospedaliera/indic](https://pne.agenas.it/ospedaliera/indicatori/105?tab=italia&mode=0)
 669 [atori/105?tab=italia&mode=0](https://pne.agenas.it/ospedaliera/indicatori/105?tab=italia&mode=0). Last accessed on 4 March 716
 670 2024. 717
- 671 17. Harrison S, Tangel V, Wu X, et al. Are minimum volume 718
 672 standards appropriate for lung and esophageal surgery? J 719
 673 Thorac Cardiovasc Surg 2018;155:2683-2694.e1. 720
- 674 18. Halvorsen S, Mehilli J, Cassese S, et al. 2022 ESC 721
 675 Guidelines on cardiovascular assessment and management 722
 676 of patients undergoing non-cardiac surgery. Eur Heart J 723
 677 2022;43:3826-924. Erratum in: Eur Heart J 2023;44:4421. 724
- 678 19. NHLBI ARDS Network. Available online: [http://www.](http://www.ardsnet.org/tools.shtml)
 679 [ardsnet.org/tools.shtml](http://www.ardsnet.org/tools.shtml) 725
- 680 20. Canet J, Gallart L, Gomar C, et al. Prediction of 726
 postoperative pulmonary complications in a population- 727
 based surgical cohort. Anesthesiology 2010;113:1338-50. 728
21. Low DE, Alderson D, Ceconello I, et al. International 683
 Consensus on Standardization of Data Collection 684
 for Complications Associated With Esophagectomy: 685
 Esophagectomy Complications Consensus Group 686
 (ECCG). Ann Surg 2015;262:286-94. 687
22. Miskovic A, Lumb AB. Postoperative pulmonary 688
 complications. Br J Anaesth 2017;118:317-34. 689
23. ARDS Definition Task Force; Ranieri VM, Rubenfeld 690
 GD, et al. Acute respiratory distress syndrome: the Berlin 691
 Definition. JAMA 2012;307:2526-33. 692
24. Khwaja A. KDIGO clinical practice guidelines for acute 693
 kidney injury. Nephron Clin Pract 2012;120:c179-84. 694
25. R Core Team. R: A Language and Environment for 695
 Statistical Computing. R Foundation for Statistical 696
 Computing: Vienna, Austria, 2015. 697
26. Raftery NB, Murphy CF, Donohoe CL, et al. The 698
 Complexity of Defining Postoperative Pneumonia After 699
 Esophageal Cancer Surgery: A Spectrum of Lung Injury 700
 Rather Than a Simple Infective Complication? Ann Surg 701
 2022;276:e400-6. 702
27. Deana C, Vetrugno L, Stefani F, et al. Postoperative 703
 complications after minimally invasive esophagectomy in 704
 the prone position: any anesthesia-related factor? Tumori 705
 2021;107:525-35. 706
28. Manara M, Bona D, Bonavina L, et al. Impact of 707
 pulmonary complications following esophagectomy 708
 on long-term survival: multivariate meta-analysis and 709
 restricted mean survival time assessment. Updates Surg 710
 2024;76:757-67. 711
29. Maggiore SM, Grieco DL, Lemiale V. The use of high- 712
 flow nasal oxygen. Intensive Care Med 2023;49:673-6. 713
30. Mauri T, Carlesso E, Spinelli E, et al. Increasing support 714
 by nasal high flow acutely modifies the ROX index in 715
 hypoxemic patients: A physiologic study. J Crit Care 716
 2019;53:183-5. 717
31. Richter Larsen K, Ingwersen U, Thode S, et al. Mask 718
 physiotherapy in patients after heart surgery: a controlled 719
 study. Intensive Care Med 1995;21:469-74. 720
32. Vetrugno L, Castaldo N, Fantin A, et al. Ventilatory 721
 associated barotrauma in COVID-19 patients: A 722
 multicenter observational case control study (COVI-MIX- 723
 study). Pulmonology 2023;29:457-68. 724
33. Perrone MA, Aimo A, Bernardini S, et al. Natriuretic 725
 Peptides and Troponins to Predict Cardiovascular Events 726
 in Patients Undergoing Major Non-Cardiac Surgery. Int J 727
 Environ Res Public Health 2022;19:5182. 728

- 729 34. Lurati Buse G, Larmann J, Gillmann HJ, et al. NT-
 730 proBNP or Self-Reported Functional Capacity in
 731 Estimating Risk of Cardiovascular Events After
 732 Noncardiac Surgery. *JAMA Netw Open* 2023;6:e2342527. 734
 733 35. Rodseth RN, Biccadd BM, Chu R, et al. Postoperative
 B-type natriuretic peptide for prediction of major cardiac 734
 events in patients undergoing noncardiac surgery: 735
 systematic review and individual patient meta-analysis. 736
Anesthesiology 2013;119:270-83. 737
 738

Cite this article as: Deana C, Vecchiato M, Azzolina D, Turi S, Boscolo A, Pistollato E, Skurzak S, Amici O, Priolo S, Tonini S, Foti LS, Taddei E, Aceto P, Martino A, Ziccarelli A, Cereser L, Andreutti S, De Carlo S, Lirussi K, Barbariol F, Cammarota G, Polati E, Forfori F, Corradi F, Patruno V, Navalesi P, Maggiore SM, Lucchese F, Petri R, Bassi F, Romagnoli S, Bignami EG, Vetrugno L; Ossigena Study Group. Effect on post-operative pulmonary complications frequency of high flow nasal oxygen versus standard oxygen therapy in patients undergoing esophagectomy for cancer: study protocol for a randomized controlled trial—OSSIGENA study. *J Thorac Dis* 2024. doi: 10.21037/jtd-24-575